

Up and Down the

Hill



Vol. 2, No. 1

News and Information about United States Army Garrison Fort A.P. Hill, Va.

July 11, 2014

New command team takes over

Pages 4-5



Commander's Column by Lt. Col. Peter E. Dargle



Editor's note—For their final edition of Up and Down the Hill we asked the outgoing command team five questions to give them the opportunity to share their feelings about their two years at Fort A.P. Hill.

What were your first impressions of Fort AP Hill?

As an Armor Officer, I loved seeing the tanks positioned neatly at the main gate to the installation and knew I was "home." Really, that was my first impression.

What do you think of Fort AP Hill now?

I am incredibly inspired by the commitment and dedication of the workforce to accomplish the mission. Through two years that have been filled with great uncertainty, to include sequestration and furlough, the AP Hill Family has displayed its character and spirit to getting the job done, regardless the circumstances, and taking care of one another.

What are your most significant accomplishments here (Is or are there specific things of which you're most proud)?

It is really hard to pinpoint one thing that I am most proud of. So many things have happened over the past two years. Individual acts of selfless service within the workforce. Collective efforts that have resulted in significant recognition of AP Hill. A number of high impact projects completed that have profound impact to support our Warriors, our Civilians, and our Families. That said, what I

most proud of was a simple note given by a Company Commander from the 75th Ranger Regiment upon return from deployment to Afghanistan: "We recently redeployed from overseas and I just wanted to extend a very sincere 'Thank you' to you and your staff. During our tenure at A.P. Hill, the support, flexibility, and commitment to training that your staff provided definitely contributed to the success of our deployment. We stayed very busy and active as you can imagine and had a very successfully rotation while still bringing all of our Rangers home." Incredibly powerful words that reinforce that everything we do at A.P. Hill matters.

What will you miss about Fort AP Hill?

The "A.P. Hill Family" without a doubt. While we have shared in a great deal of family drama over the two years, any of the "bad" times will quickly fade to black and leave only fond memories of the great people that do such great work every day to support our Warriors and accomplish the mission.

Any final thoughts?

I am humbled by the opportunity given to me over the past two years to command this Garrison. We have endured much and accomplished much...the key word in this is "WE." Our A.P. Hill Family will always be in my heart and soul.

I appreciate the incredible patience and steadfast support given by so many to myself and Command Sgt. Maj. Whitcomb. We know that you are in the best of hands with Lt. Col. Meyer and Command Sgt. Maj. Ho. I look forward with great anticipation to hearing and seeing AP Hill accomplishing its next great achievement. All my thanks to the AP Hill Family...I will miss you.

"Bring Hill Up!"



Garrison Commander
Lt. Col. David A. Meyer

Public Affairs Officer
Bob McElroy

Command Sergeant Major
Command Sgt. Maj. Weiquan A. Ho

Public Affairs Specialist
Michael C. Meisberger

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Shut the Hill Up! *By Command Sgt. Maj. Keith R. Whitcomb*

1. What were your first impressions of Fort AP Hill?

To be honest I didn't know what to think: small garrison, how do I interact with GS/NAF Civilians, etc. After the first couple of months I realized that I had been placed in the middle of the "greatest social experiment known to man and the Army" at least that is how I explained my initial thoughts to then Maj. Gen. Linnington back then. It took me a couple of months to understand how I could support the Commander in the best way possible and how I could positively impact FAPH.

2. What do you think of Fort A.P. Hill now?

I love Fort A.P. Hill!! I still believe it is the "greatest social experiment known to man and the Army," but there are a lot of great people that really come to work every day trying to support the Army, this garrison and the Warriors we serve every day.

3. What are your most significant accomplishments here (Is or are there specific things of which you're most proud)?

You know, it takes a team to get anything done, but what I've learned here is that if you want something done, you must become a lobbyist, set conditions, get buy-in and ruthlessly move out on tasks to be accomplished. I take a lot of pride in gaining the support to focus on Camp Wilcox and begin improvements throughout it from latrine renovations, to a new loading ramp, replacing walk-in refrigerators and freezers, Java café, etc. We have a contract to resource the whole campsite since we could not gain manpower through IMCOM. The memorandum of agreement we signed with the 411th Engineer Brigade, the troop construction projects done to date and planned for the future are worth thousands of dollars but cost us pennies on the dollar while providing legitimate training for our Soldiers. Physical security up-

grades in policies and equipment, increased MWR operations and capacity, two Army Communities of Excellence Awards, superior execution in Range and DPTMS Operations, CTLD, ability to reduce our over hires and bring more employees onto the garrison staff to accomplish our mission. I take personal pride in watching our high performing folks tackle their every day jobs, really hitting home runs.



4. What will you miss about Fort A.P. Hill?

I will miss having the daily ability to positively impact the Warriors that train here, improving the infrastructure of the installation, improving the security, improving soldier support facilities, holding employees accountable to make them better or rewarding high performing employees and watching them perform miracles daily. I will truly miss the opportunity to make things better every day. The only thing that's makes it okay is that we have a solid core of high performing people in each directorate and staff section that will continue to carry the load to make FAPH better.

5. Any final thoughts?

I want to wish everyone the very best and let the entire garrison know that "You have all taken me to school every day!" I learned something every day and have become much more knowledgeable in garrison management and operations. Thank you all and best wishes to you and your families. I challenge you to hold your employees accountable, maintain high standards and always strive to be the leader that the Army wants you to be.

*Peace to all!
v/r CSM Whit*

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This edition's cover photo is by Mr. George L. Markfelder, Military District of Washington Public Affairs Office.

On the cover, Atlantic Region Director Davis D. Tindoll, Jr. (right) passes the colors to new commander Lt. Col. David A. Meyer.

Fort AP Hill welcomes a new command team

By Bob McElroy

Lt. Col. David A. Meyer assumed command of U.S. Army Garrison Fort A.P. Hill during a brief ceremony at Beaverdam Field on June 27.

Meyer comes to A.P. Hill from Indiana University of Pennsylvania where he was the Professor of Military Science at the university's Army ROTC detachment. He succeeds Lt. Col. Peter E. Dargle who served as garrison commander for the last two years.

During the same ceremony Command Sgt. Maj. Weiquan A. Ho assumed responsibility for the garrison. Ho succeeds Command Sgt. Maj. Keith R. Whitcomb who, like Dargle, served at A.P. Hill for two years.

Ho's most recent assignment was as the sergeant major for A Company, 1st Battalion, 1st Special Forces Group (Airborne) Operation Enduring Freedom-Philippines Task Force North Sergeant Major.

Maj. Gen. Jeffrey S. Buchanan, the commander of the Military District of Washington, praised Dargle and Whitcomb for the loyalty they've shown to their customers-the military units and other organizations that train at A.P. Hill.

"They've really gone out of their way to make sure A.P. Hill was a training-friendly place and I know because I command some organizations that do a lot of training here and everyone is always happy to come here to train.

"Thanks to both of you for your tremendous service, we're really going to miss you," Buchanan said.

Buchanan welcomed Meyer and Ho to A.P. Hill.

"We have tremendous confidence in your leadership ability; welcome to the team, you're going to love it here, this is a great place," Buchanan concluded.

Installation Management Command Atlantic Region Director Davis D. Tindoll, Jr. praised Dargle and Whitcomb for



U.S. Army Garrison Fort A.P. Hill commander Lt. Col. David A. Meyer (right) passes the garrison colors to Command Sgt. Maj. Weiquan A. Ho (center) during the Change of Command and Change of Responsibility ceremony on June 27. Command Sgt. Maj. Keith R. Whitcomb is in the background.

U.S. Army photo by George Markfelder

the many things they accomplished during his command.

"Pete Dargle's tenure is also marked by a 2013 Army Communities of Excellence Bronze Award, a 2014 Army Communities of Excellence Silver Award and a Commonwealth of Virginia Environmental Excellence Program for Extraordinary rating. You just don't get any better than that," Tindoll said.

Tindoll said that behind every successful commander is a

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strong command sergeant major like Whitcomb acting as the commander's eyes and ears and maintaining standards.

"He worked hard to establish a culture of personal accountability during his tenure as the garrison command sergeant major," Tindoll said. "And working with Lt. Col. Dargle, Command Sgt. Maj. Whitcomb was instrumental in building a sustained troop construction program with combat engineer companies saving Fort A.P. Hill hundreds of thousands of facility maintenance dollars now and into the future."

Tindoll thanked Dargle and Whitcomb for making Fort A.P. Hill an Army community of excellence and a great home for Army families.

Turning to the new command team, Tindoll welcomed Meyer, Ho and their families.

"Lt. Col. Meyer, Command Sgt. Maj. Ho I am confident that with your demonstrated leadership you both will build on the successes of your predecessors," Tindoll said.

Dargle said it had been an honor and distinction to command A.P. Hill for the last two years.

"Our enduring legacy is found in the success of the warrior who passed through our gate yesterday, trains on one of our ranges today, deploys to a distant battlefield tomorrow, performing their global mission with proficiency, professionalism, and courage, and finally returns home safely," Dargle said.

Dargle praised and thanked Whitcomb for his service and dedication, calling him a consummate warrior and leader.

"Thank you for all your support, your passion...none of what we set out to accomplish two years ago happens without you," Dargle said.

Dargle closed with deep thanks to his wife Jean, and their children Morgan, Bryce, Heidi and Peyton.

"An ideal Army wife and mother, Jean you have been so much more: gracefully serving as the first lady at one of the Army's most important posts. You embraced a unique and



Lt. Col. Peter E. Dargle (left) relinquished command of Fort A.P. Hill during a brief ceremony on June 27. Here he passes the garrison colors to Installation Management Command Atlantic Region director Davis D. Tindoll, Jr.

U.S. Army photo by George Markfelder

challenging role and displayed incredible compassion for the A.P. Hill Family," Dargle said.

Meyer said he was grateful for the opportunity to command Fort A.P. Hill.

"Maj. Gen. Buchanan, Mr. Tindoll thank you very much for entrusting me to lead this great organization of dedicated professionals," Meyer said.

Meyer also thanked Dargle and Whitcomb for their help and support during his transition to command.

"When we arrived they were ready...I want to congratulate them on their many accomplishments and wish them Godspeed in their next endeavors. You have set the bar high my friends and we'll attempt to catch you."

Meyer thanked his family for their support, noting he couldn't succeed without them.

"I couldn't do what I do without you and I very much appreciate it and can't thank you enough. I just ask for patience and understanding as we roll into this next thing because Pete made it look pretty hard," Meyer said with a smile.

Camp Lejeune based Marines train at Fort A.P. Hill



Camp Lejeune-based Marines spent two weeks training at Fort A. P. Hill in early May honing the skills they need to fight and win in combat. At Range 24, under the watchful eyes of instructors, they practiced the small-unit tactics they use during combat operations.

U.S. Army photos by Bob McElroy



Marine Infantrymen move to a target at Range 24 as their instructor follows. The Marines performed a series of drills that tested their ability to accomplish specific combat tasks. Afterward the instructor reviewed their performance and provided feedback.

Camp Lejeune based Marines train at Fort A.P. Hill



A-10 Thunderbolts from the Maryland Air National Guard provided fire support to Camp Lejeune, N.C. based Marines during their live-fire training here. Designed to attack tanks and armored vehicles and support ground troops the A-10 can drop bombs, fire missiles and rockets and has a seven-barrel Gatling gun that can fire nearly 4,000 rounds per second.

U.S. Army photos by Bob McElroy



During their time at A.P. Hill the Marines called for fire support from A-10 Thunderbolt II aircraft from the Maryland Air National Guard. Marine mortar crews fired spotting rounds which helped the pilots to identify the targets and drop their ordnance with precision. Later in the week the Marines fired anti-tank rockets and missiles at armored vehicles on Range 25.

642nd Engineers wrap up a six week deployment

Story and photo by Bob McElroy



Fort A.P. Hill commander Lt. Col. Peter E. Dargle (right front) and Command Sgt. Maj. Keith R. Whitcomb (left front) recognized the work of the 642nd Engineer Company, Fort Drum, N.Y. during an awards ceremony on April 17. Dargle and Whitcomb presented several Army Achievement Medals and Certificates of Achievement to the Soldiers for construction work they performed during their six-weeks here. The Engineers are shown here with employees from the Directorate of Plans, Training, Mobilization and Security and Range Operations.

By the time the Soldiers of the 642nd Engineer Company finished their work here they'd completed several necessary projects, increased the security at several gates and saved the post about \$1 million in construction costs.

And, more important, they got some quality training for their new and experienced Soldiers, according to their officer in charge, 1st Lt. Min K. Jung.

"It's been a long time since we've been able to operate and do real world construction, that's what I'm most happy about," Jung said.

Jung said he was most proud of the work his Soldiers did improving the drainage at Demolition Site 13, calling it the biggest project they tackled and completed at A.P. Hill.

"I'm impressed with the guys for finishing that, a lot of rip rap went into it. That team there did a great job finishing that," he said.

Jung said he and his Soldiers appreciated the opportunity to work at A.P. Hill for several weeks.

"It's been our privilege, I'm happy that we've been able to finish all of our projects," he said.

Post saves thousands recycling concrete rubble

Story and photos by Sergio Sergi
Directorate of Public Works Environmental Division



Concrete rubble recycling at Tyson's Corner helped Fort A.P. Hill save thousands of dollars in fuel, landfill dumping costs and paid for itself. The post also recouped \$1,800 for recycled rebar.

Several months ago Fort A.P. Hill completed a concrete recycling project that saved thousands of dollars, thousands of gallons of fuel, generated new construction material and kept tons of debris out of local landfills.

And, best of all, it paid for itself.

For years Fort A.P. Hill collected concrete rubble and stored it at a site near Taylor's Corner where it awaited recycling or transport to a landfill. This proved an expensive option because it cost the post thousands of dollars in dumping fees at the landfill as well as for fuel for the dump trucks.

After researching different options, the Directorate of Public Works' Environmental Division decided that it was more economically beneficial to hire a contractor to crush the concrete on-site, rather than sending it to a local construction demolition and debris site or a recycling facility.

When the project was finished the contractor had crushed 5,156.9 tons of concrete rubble and recovered and recycled 15.62 tons of steel and rebar from the concrete.

Not having to haul the material to a crushing facility or a landfill saved approximately 260 round trips with dump trucks, equating to about 5,000 gallons of fuel valued at approximately \$17,500 and about \$20,000 in dumping fees.

The post received about \$1,800 for the steel and rebar it recovered. Contractors used magnetic conveyors during the concrete crushing to extract the metal from the rubble.

Fort A.P. Hill recouped the entire contract cost through the potential value of the crushed material and eliminated additional costs by diverting the concrete from the landfill.

The value of the crushed concrete, if the post had to purchase it, was worth more than the cost to crush it onsite. The project paid for itself.

And, by producing its own crushed aggregate, Fort A.P. Hill built a substantial stockpile of construction material to use for foundation road sub base, erosion and sediment control measures and site stabilization.

The project cost about the same as buying new stone and material with the added benefit of having increased the recycling rate, saved on transportation and landfill costs.

The project was extremely successful at restoring a site that was used for many years as a temporary concrete recycling rubble yard.

This project has benefited the overall recycling percentages for the installation's mandated Army recycling goal for construction and demolition materials. The Army's goal is 56 percent; the concrete recycling project helped Fort A.P. Hill recycle more than 80 percent.



The concrete recycling project produced about 5,200 tons of crushed aggregate of different sizes that the Fort A.P. Hill Directorate of Public Works road crews can use for roads, erosion and sediment control measures and site stabilization.

It's been a busy few months at Fort A.P. Hill



Family and Morale, Welfare and Recreation opens new facilities—The last few months have been busy and productive for Family and Morale, Welfare and Recreation. They refurbished the Wilcox Snack Bar and reopened it as Primo's Express on April 11. The new eatery features an expanded menu that includes pizza, oven-roasted sandwiches, gourmet burgers and salads. Above, in the left photo senior executive chef Juan Joubert (right) keeps an eye on Jessica Wilkins (left) while in the right photo Sarah Beverly (left) greets Sgt. 1st Class John Broussard (right), the first Soldier to order lunch at the new facility. Primo's Express is open Monday through Saturday from 11 a.m. to 2 p.m. U.S. Army photo by Bob McElroy



The next project for F&MWR was opening the new Java Café on June 20. The café, located between Primo's and the PX, provides Starbucks coffee, tea, cold drinks, smoothies, breakfast items, sandwiches, salads, wraps and desserts—all in a pleasant and relaxing environment. The Java Café is open Monday through Friday from 5:30 a.m. to 2 p.m. U.S. Army photo by Bob McElroy

It's been a busy few months at Fort A.P. Hill



C-17 Globemaster III cargo planes from Dover Air Force Base, Del. and Joint Base McGuire-Dix, N.J. practiced day and night take offs and landings at the Fort A.P. Hill field landing strip in early April. The C-17 can carry troops and cargo anywhere in the world, day or night, and can land on small unpaved airfields in harsh terrain. One C-17 can drop 102 paratroopers and eight cargo bundles.



Smokey Bear was at Earth and Safety Day at Beaverdam on April 17. The annual event brings in more than 800 local public and private school kids.

U.S. Army photos by Bob McElroy



The Fort A.P. Hill command team honored volunteers during a brief ceremony at Roemnick Hall on April 18. Garrison commander Lt. Col. Peter E. Dargle thanked the volunteers and praised them for the time, care and effort they gave to the garrison. Shown here from left are: (front row) Dargle, Diane Edwards, Madelaine Perrotte-Clontz, Steve Delovich, Ken Perrotte, Roger "Bo" Satterwhite, Louis Scott, Michael Earl, Lisa Skinner, Stacy Petry, Cindy Tate, William Wheeler, Jean Dargle, Karin Nason, Margaret Fake, Brian Taylor, Judith Collins, Sabine Arndt and Command Sgt. Maj. Keith R. Whitcomb.

It's been a busy few months at Fort A.P. Hill



Fort A.P. Hill observed Memorial Day on May 22 with a brief ceremony and the raising of the United States and the POW-MIA flags. After the flag raising garrison commander Lt. Col. Peter E. Dargle (above) emphasized that Memorial Day is about honoring those who in the words of President Abraham Lincoln, "...gave their last full measure" for their country.

U.S. Army photos by Michael C. Meisberger



Garrison commander Lt. Col. Peter E. Dargle discussed doing business with the Army at a contracting meeting on June 17 at the Caroline County Community Center.

U.S. Army photo by Michael C. Meisberger



Fort A.P. Hill opened its new paintball range on May 16 with a spirited battle between Team Tank and Team Engineer, led by Lt. Col. Peter E. Dargle and Command Sgt. Maj. Keith R. Whitcomb respectively.

U.S. Army photo by Bob McElroy

It's been a busy few months at Fort A.P. Hill



Soldiers from the 3rd U.S. Infantry (The Old Guard) competed in the Best Warrior Competition at A.P. Hill on May 6.



At the Organization Day awards ceremony on May 22, Nildy Eiley (left), AAFES General Manager for Fort A.P. Hill, Fort Belvoir and Joint Base Myer-Henderson Hall presented Martha L. Kinzer her retirement award in recognition of Kinzer's 29 years of service.



The Fredericksburg Military Advisory Committee held a meeting Fort A.P. Hill on June 2 and the guest of honor was Virginia U.S. Senator Tim Kaine. Kaine (left) visited Soldiers from the 276th Engineer Battalion, Virginia Army National Guard who were here for their annual training rotation.



The 189th Multirole Bridge Company (VAARNG) built a Dry Support Bridge here on June 6. The bridge spans a 20-40 meter gap, supports up to 100 tons and can be assembled by as few as eight Soldiers.

Chief Glembot reports**USAG Bagram 2014 Firefighter Combat Challenge**

U.S. Army Garrison Fort A.P. Hill Fire Chief Daniel C. Glembot deployed to Afghanistan on Jan. 26, 2014 and serves as the fire chief at USAG Bagram, Bagram Airfield, Afghanistan. We asked him to send us updates on his deployment, here is his latest report.

Story and photos by Daniel C. Glembot

Have you ever wondered what it takes to be a Firefighter? Being a firefighter is a very-demanding job, physically and mentally. Firefighters respond to emergencies and are at their best when others are in peril. Firefighters encounter people in their weakest and most vulnerable moments. They provide comfort and aid to those who have lost friends, family, homes, cars and dignity. Firefighters restore calm to chaos and maintain their composure while those around them can't.

What you don't see and can't understand (unless you're in the brotherhood) is that when we return to the station we rely on each other to decompress, debrief and release what we just experienced. Firefighters, much like service members, experience what others can't handle; we know service members can handle the mental fatigue of the job, but can they also handle the physical fatigue?

Recently I coordinated with the Bagram Fire Department to host the 2014 Bagram Afghanistan Firefighter Combat Challenge.

The Firefighter Combat Challenge is a series of evolutions performed in an order that replicates the functions and motions firefighters are required to carry out while fighting fires. The longer a fire burns the more damage it causes;



One of the events in the 2014 Bagram Firefighter Combat Challenge is dragging a 185-pound mannequin to safety.



A service member at U.S. Army Garrison Bagram, Afghanistan competes in the 2014 Bagram Firefighter Combat Challenge.

these evolutions are timed so firefighters become as proficient as possible thereby reducing the time it takes to complete each task takes to complete. This, in turn, helps to minimize the damage a fire causes.

The first evolution is the stair step. The service member had to step up and down 20 times. This evolution replicates climbing a flight of stairs to the second floor of a building. The second evolution was carrying a hose on their shoulder and a weight in the other hand; this replicates carrying the fire hose and one primary tool to an incident.

The third evolution simulates the firefighter arriving at the door of the room on fire. The firefighter must gain entry by knocking down the door. In this evolution the service member struck the top of the tire 20 times with an eight pound sledge to replicate the effort of knocking down a door.

When the firefighter enters the room on fire he or she must advance a charged fire hose to extinguish the flames. Service members simulated this task by advancing the fire hose 100 feet.

Now that the fire has been extinguished the firefighter must remove any occupants who are trapped or need assistance. Service members replicated this task by dragging a 185 pound mannequin called Rescue Randy 100 feet to safety. The Firefighter Combat Challenge was a lot of fun and also provided a very-competitive competition between service members and even service components.

The times between competitors were very close but the fastest time of the day belonged to Air Force Master Sgt. Chad Magalines—1 minute, 42 seconds.

Congratulations Master Sgt. Magalines; the Army will give you a run for your money next time—Hooah!

Smith wins Hoge award for team building essay

Editor's note-The following story is an edited version of a longer article that appeared on the Army News Service website on June 9.

By David Vergun

Dianne Smith, of the Fort A.P. Hill Plans, Analysis and Integration Office recently won the prestigious Nick Hoge award for an essay she wrote on team building.

Under Secretary of the Army Brad Carson presented Smith the award during a ceremony in the Pentagon's Hall of Heroes on June 9.

Smith received the Hoge Award for using her leadership, technical knowledge and innovation skills to build high-performing teams, according to the award citation.

Her essay "provided insights into the challenges ahead and reforms needed to empower our workforce," Carson said. She proposed that two critical elements are needed to form high-performance teams, Carson said.

First is the creation of a shared culture dependent on values. The second critical element is that superior results are tied to a leader's vision.

The part of her essay that sums up team building was that "...the relationship between the organization's vision and its values generates the very potential of high performance," Smith wrote.

After the ceremony, Smith explained more about her team-building work.

Her focus for team building in the Army, she said, is creating ad hoc teams for specialized job training and professional development education within the U.S. Army Installation Management Command.

Over the years, she said she built many teams, watched others build teams and observed teams that were dysfunctional and ones that were effective.

From those experiences, Smith developed rules of conduct



Under Secretary of the Army Brad R. Carson presented the Nick Hoge Award to Dianne V. Smith of the Plans, Analysis and Integration Office on June 9, in a Pentagon Hall of Heroes ceremony.

U.S. Army photo by Sgt. Bernardo Fuller

that team members need to discuss during team formation:

- Know the goals and the commander's intent and vision for the outcome of the group.
- Agree on the tasks, organization and execution of getting them done, including deadlines.
- Discuss the values of why the task is critical to the Army's success and mission.
- Agree to be respectful of each other, realizing everyone has their own opinions and personalities that may be quite different from their own.
- Put in place a system for conflict resolution.
- Ensure everyone works collectively and everyone is engaged so that each member of the team has "buy-in."

Smith said groups that don't adhere to these principles often break down.

When something breaks down, particularly "on the values path, then people stop talking to one another.

"The end result is that the work either isn't going to be done or won't be done properly or efficiently," she said.

A.P. Hill Organization Day was a fun event for all



Four-year old Brendan Coll hitched a ride with his mom Brooke during the Organization Day 5-kilometer run and walk.



The Climbing Wall proved challenging to all who attempted to reach the top.



Organization Day also offered horseshoes for those in search of a quieter event.



Kickball was one of the more popular events on Organization Day and challenged all who kicked the ball and tried to catch it as it spun toward them or bounced crazily.

A.P. Hill Organization Day was a fun event for all



The Tug of War was the ultimate test of each team's strength, endurance and tenacity.



Garrison commander Lt. Col. Peter E. Dargle was the first to get wet in the dunking booth..



Command Sgt. Maj. Keith R. Whitcomb soon followed.

Army Birthday 5-Kilometer run draws more than 150

More than 150 Soldiers, Civilians and friends of Fort A.P. Hill participated in the Army Birthday celebration and 5K run June 13 at Wilcox Camp.

The participants included a large contingent of Soldiers training at Fort A.P. Hill as well as Soldiers from the Explosive Ordnance Disposal School.

Following the run everyone sang Happy Birthday to the Army and enjoyed the Army Birthday cake provided by the Fort A.P. Hill Directorate of Family and Morale, Welfare and Recreation.

U.S. Army photos by Bob McElroy



Staff Sgt. Jeremiah Rush of the EOD School finished first with a time of 18 minutes, 27 seconds.



Brandon Crabtree of the A.P. Hill Directorate of Emergency Services finished second in 19 minutes, 31 seconds.



Third place was Pfc. Joseph Strait, 475th Quartermaster Group (U.S. Army Reserve) in 20 minutes, 23 seconds.



More than 150 runners and walkers participated in the A.P. Hill Army Birthday 5 K

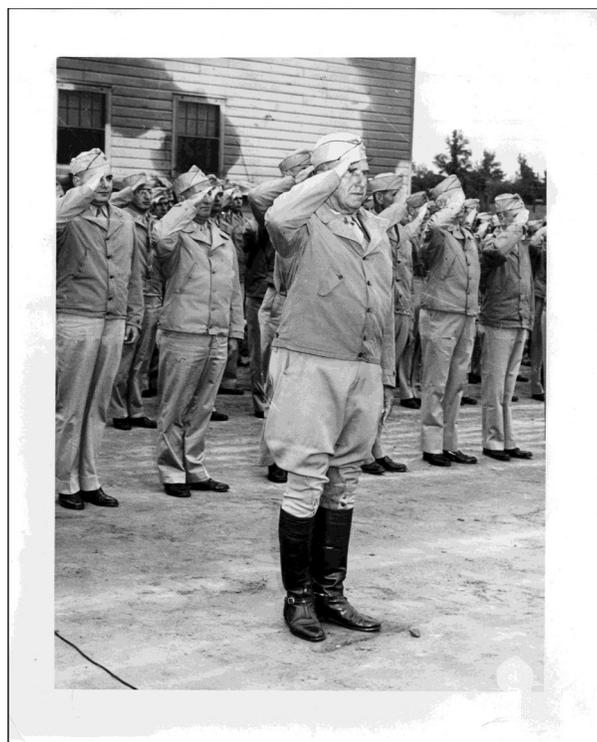
Images from the past

A look back at Fort A.P. Hill

Editor's note—Each edition we'll run a couple of photos from our archives to give A.P. Hill Soldiers, employees,



This multiservice band entertained the troops at the USO hall during World War II.



Ceremonies have been an Army tradition since 1775.

Garrison Hours of Operation

Garrison Headquarters	Monday – Friday 8 a.m. - 4:30 p.m.
Lois B. Wells Health Clinic	Monday – Friday 7 a.m.— 4 p.m.
Directorate of Family and MWR	Monday – Friday 8 a.m.— 4:30 p.m.
Community Activity Center	Monday-Friday: 6 a.m.—7 p.m. Saturday 9 a.m.—5:30 p.m. Sunday 9 a.m.—5:30 p.m. Holidays 9 a.m.—5:30 p.m.
1673 Recreation Center	Unit sign-out on an as needed basis.
Wilcox Gym	24/7
Downtime Zone Recreation Center	Unit sign-out on an as needed basis.
PX at Wilcox	Tuesday – Saturday 10 a.m.— 5 p.m.
Wilcox Snack Bar	Tuesday – Saturday 11 a.m. – 7 p.m.
Recreational Lodging	Monday – Friday 7 a.m. – 4 p.m.
Outdoor Recreation	Monday – Friday 7 a.m. – 4 p.m. Sat 7 a.m.—3 p.m. Sun 8 a.m.— Noon

Would you like your hours posted? Submit office name, building and days and hours of operation to Up and Down the Hill at: usarmy.aphill.imcom-atlantic.mbx.pao@mail.mil.

Follow all the latest news and information on official Garrison social media:

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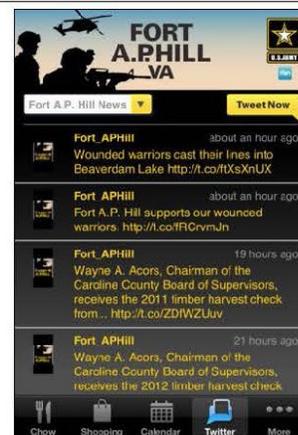
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