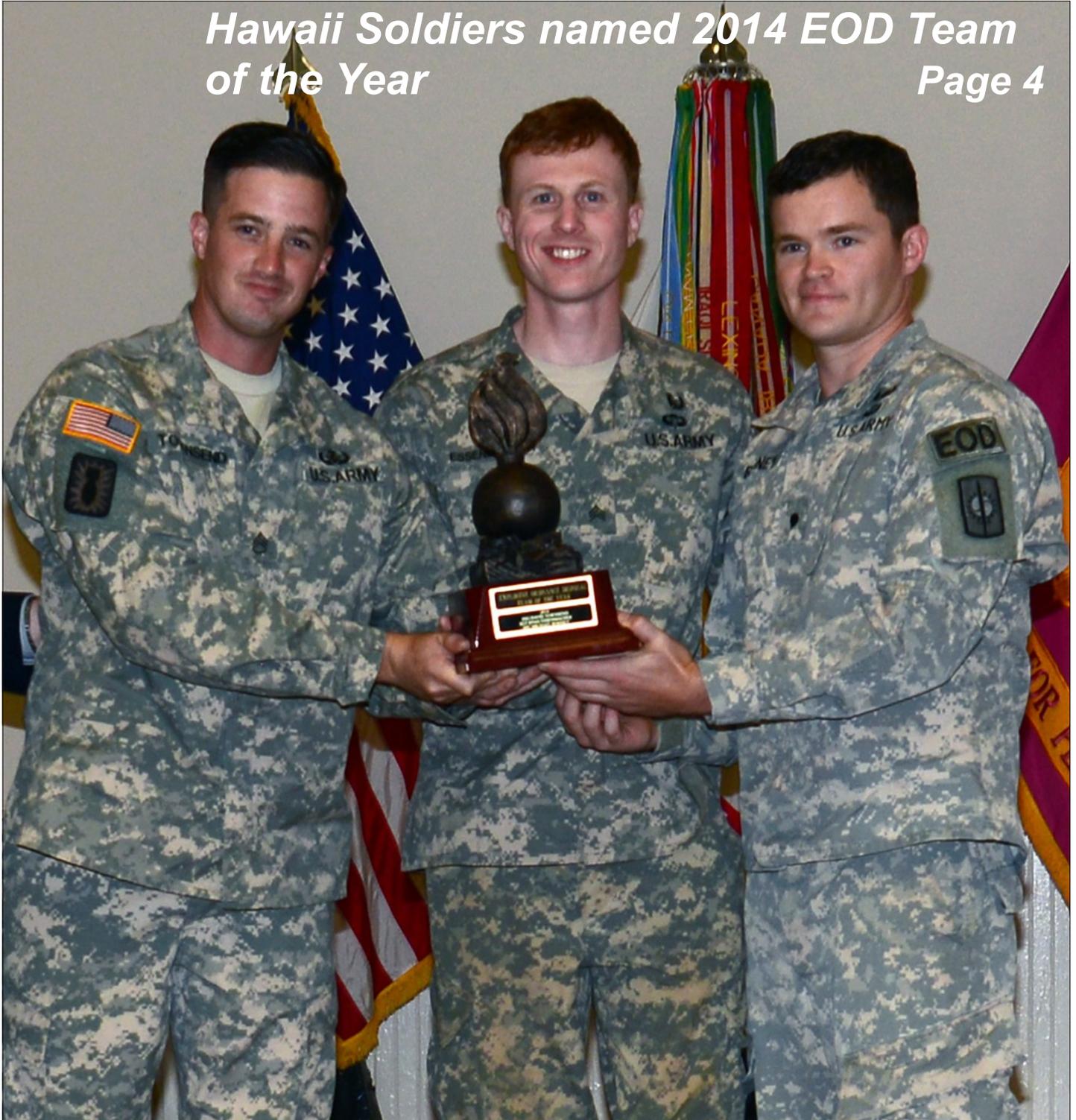




Hawaii Soldiers named 2014 EOD Team of the Year

Page 4



Commander's Column

by Lt. Col. David A. Meyer



Team A.P. Hill,

In my first Commander's Column, I'd like to start by saying again how honored and fortunate my family and I feel to have been selected to join your team.

In my first 90 days here, I have been impressed again and again at the dedication, skill and experience demonstrated by our workforce every day.

I hope that by now, you have all had the opportunity to read Command Policy Letter 1. If not, please do, it should be posted in your Directorate. In it, I have tried to lay out my simple vision for the next couple years. There are two slides attached to the letter which describe my expectations of everyone and what you can expect of me.

Let me summarize it: Work hard, treat each other with respect, put the team before yourself and never forget that our customers will go into harm's way once they leave us.

If you are a supervisor, you must lead by example and genuinely care about your teammates. Because of our size and location and because there aren't many of us, we have to take care of one another. We must be fair and transparent in our discipline and publically praise those who go above and beyond the standard.

This all sounds pretty obvious and easy. Let's make it that way.

I still get a fair number of background questions so here's the short version. I'm from Maryland originally and have been in the Army for a little more than 20 years. I have deployed three times, twice to Iraq and once to Afghanistan. I have served all over the U.S. including three times with my predecessor, Lt. Col. Dargle.

I am a lifelong, and thus long suffering, Redskins fan and few things bring me more joy than when Tony Romo throws an interception... so I'm happy a lot.

My hobbies are shooting and coffee and I can almost always be engaged in a discussion about either.

I have been married to the same amazing lady for a little over 20 years and we have a 17 year old girl who is a senior at Caroline High School and a 12 year old boy who is at Caroline Middle School. My daughter sings, dances and acts in school and local theater and my son is a second degree black belt in Tae Kwon Do and a Boy Scout. They clearly get their drive from their mother because I wasn't nearly that motivated as a kid.

In closing, thanks for all you do every day. The success of the Warriors who train here is a direct reflection of your hard work. I am constantly amazed at how well we "punch above our weight class" and provide services comparable to a larger installation with a fraction of the personnel and resources.

If you see me around post, never hesitate to come up and say hello. My interactions with all of you and our customers are always the best parts of my day.



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Garrison Commander
Lt. Col. David A. Meyer

Public Affairs Officer
Bob McElroy

Command Sergeant Major
Command Sgt. Maj. Weiquan A. Ho

Public Affairs Specialist
Michael Meisberger

CSM Corner

by *Command Sgt. Maj. Weiquan A. Ho*

Hello and greetings. To begin, thank you all for the warm welcome since I came Fort A.P. Hill three months ago.

My predecessor, Command Sgt. Maj. Whitcomb has written on topics such as “Accountability” “Leading” and “Need to Know/OPSEC.”

I feel that it would be more suitable for me in my first column to make a proper introduction. I go by Alex Ho. I was born and raised in Canton, China. My family moved to South America and then we settled in New York City when I was a teenager.

I received approximately five years of formal English education (four years were English as a Second Language) before I joined the Army in 1989. Therefore I like to keep things as simple as possible.

I have been asked often if I am the first in my family to serve in the Army. When I mentioned that my uncle served in the Korean War, but on the other side, the reaction was usually a smile or an awkward pause.

I’ve been in active duty for 25 years. My first assignment in the Army was with the 2nd Infantry Division in Korea. The rest of my military career has been in the 1st, 3rd and 5th Special Forces Groups (Fort Lewis, Wash., Okinawa, Japan, Fort Bragg, N.C. and Fort Campbell, Ky.), the U.S. Army Special Warfare Center and School (Fort Bragg, N.C.) and the Asymmetric Warfare Group (Fort Meade, Md.).

It has been a privilege for me to serve with some of the best Soldiers in the U.S. Armed Forces in my career. I’ve also had the honor to deploy in support of Operation Desert Shield and Desert Storm, Operation Enduring Freedom-Afghanistan, Operation Enduring

Freedom-Philippines and Operation Iraqi Freedom.

More importantly, I want to thank you all for providing the training support and taking care of the troops training here at A.P. Hill. The two basic responsibilities that are inherent to us as senior NCOs are mission accomplishment and the welfare of Soldiers.

Since Sept. 11 our nation has demanded more from our Soldiers, Sailors, Airmen and Marines; they have been deployed more often and have had to deal with more hardship. Good training will keep Soldiers, Sailors, Airmen and Marines alive in combat and keep them in the service in peacetime.

Your role in providing the training opportunities to prepare them for combat and take care of them while they are training at Fort A.P. Hill is vital to mission accomplishment.

Your dedication and commitment has made Fort A.P. Hill a place of choice for Soldiers, Marines, Airmen and Sailors to train. I’ve met many of our dedicated employees in last three months, I am certain that I will continue to meet more of you before my tenure is up at A.P. Hill. Thank you for the support you provide to our Armed Forces and thank you for your service to our country. I look forward to rest of my assignment at Fort A.P. Hill.

“We cannot solve our problems with the same thinking that created them.” – Albert Einstein



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On the cover, Soldiers from the 706th Explosive Ordnance Disposal Company, Schofield Barracks, Hawaii pose with their first-place trophy at the awards ceremony.



This edition's cover photo is by Bob McElroy, USAG Fort A.P. Hill Public Affairs Office

EOD Team of the Year 2014

Hawaii team wins top prize in EOD competition

Story and photo by Bob McElroy

A three-Soldier team from the 706th Explosive Ordnance Disposal Company, Schofield Barracks, Hawaii was named the 2014 EOD Team of the Year during a ceremony at Heth Schoolhouse on Aug. 15 here.

The team, Staff Sgt. David Townsend, Sgt. Ryan Essenmacher and Spc. Michael Rooney, completed a grueling four-day event that tested them physically, intellectually and emotionally.

And, when it was done, they prevailed over the four other teams that were competing, a signal achievement as all teams were the best in their region.

The 706th's route to the top was not easy, even before they began the competition. Severe weather turned a one-day trip by air into a four-day odyssey, according to Essenmacher.

With a tropical storm barreling toward Hawaii, the team left on the last flight out of Honolulu Thursday, Aug. 7 en route to Atlanta and then to Richmond. Severe weather in Atlanta caused their flight to be diverted to Birmingham, Ala. and further delays ensued.

They finally arrived at Fort A.P. Hill on Sunday, Aug. 10 and, despite their weariness, began the competition with the rest of the teams at dawn on Aug. 11.

The first event was the weigh-in and physical fitness test, followed by weapons qualification and a series of written exams that tested their EOD knowledge.

The real challenges began on Tuesday, Aug. 12 with 14 EOD incidents that tested their stamina, skill and intellect. The incidents included a victim in a collar bomb, a stuck projectile in an artillery tube, a downed aircraft in a mine-field and more.

Following the awards ceremony Townsend said that it was amazing to win the competition.

"I didn't think we were going to win, I'm ecstatic that we did," he said. "It was extremely challenging mentally and physically."

Townsend said credit for the team's win goes to his Soldiers, Essenmacher and Rooney.

"They're the brains of the team, without them I fail," he said.

Essenmacher said it was a very emotional moment when his team was named winner.



Team Leader Staff Sgt. David Townsend (left) and Sgt. Ryan Essenmacher (right) from the 706th EOD Company, Schofield Barracks, Hawaii prepare an explosive charge during the stuck projectile event at the EOD Team of the Year competition here on Aug. 14

"I nearly cried on stage," he said.

Essenmacher said the team has been pushing hard at work since June, first in the U.S. Army Pacific EOD Team of the Year competition, later preparing for this event and then competing this week.

"Since June we've put in a lot of long nights and it's paid off," he said.

Rooney, the youngest member of the team said it felt good to win.

"I don't think it's sunk in yet," he said.

Rooney said that even though the competition was tough he enjoyed it.

"It tested our skills, it was fun, especially with me being new to EOD," he said. "I learned a lot."

The four other teams that competed were: 25th Chemical Company, 48th Chemical Brigade, Edgewood, Md.; 53rd EOD Company, 71st EOD Group, Yakima Training Center, Wash.; 221st EOD Company, 111th Ordnance Group, Camp Blanding, Fla.; and the 723rd EOD Company, 52nd Ordnance Group, Fort Campbell, Ky.

EOD Team of the Year 2014

Competition tests Soldiers physically and mentally



Michael C. Meisberger



Michael C. Meisberger



Bob McElroy



Bob McElroy



Michael C. Meisberger



Bob McElroy

The Explosive Ordnance Disposal Team of the Year Competition began with a Physical Fitness test (upper left) followed by weapons qualification ranges for the M9 pistol and M4 Carbine (upper right). Following an afternoon of written tests, the Soldiers spent three long days performing tasks designed to test their knowledge, experience and stamina. By Friday, Aug. 15, the winning team was chosen but all who participated were given certificates and awards. The five EOD teams that competed (left) are shown after the ceremony at Heth Schoolhouse.

2-25th Marines conduct annual training at A.P. Hill



More than 800 Marines from 2nd Battalion 25th Marine Regiment (USMCR) spent two weeks at Fort A.P. Hill in July for their annual training. While here they qualified on small arms, machine guns and indirect fire weapons. The Marines also fired the Shoulder-Launched Multipurpose Rocket, shown here.

U.S. Army photos by Derek Wolf



Marines from 2nd Battalion 25th Marine Regiment (USMCR) practiced their team-building and leadership skills during their annual training at Fort A.P. Hill in July. Here, they attempt to move an object and themselves across a water obstacle.

U.S. Army photos by Michael C. Meisberger



Marines from 2nd Battalion 25th Marine Regiment (USMCR) wrap up an exercise and fly off during their annual training in July.

U.S. Army photos by Bob McElroy

Troop construction projects**Soldiers gain valuable training, save Army money**

Story and photo by Michael C. Meisberger

Army Reserve Soldiers from the 479th Engineer Battalion, 411th Engineer Brigade, 412th Theater Engineer Command, Fort Drum, N.Y. completed a list of projects here in early August that saved the post about a half million dollars and provided them with some great training.

The Soldiers supported the post's Troop Construction projects, an initiative that has saved Fort A.P. Hill and the Army more than \$1 million to date. Earlier this year Soldiers from the 642nd Engineer Company, also from Fort Drum, spent six weeks at A.P. Hill and completed a number of important projects—new security gates, improving the drainage of an old demolition range and demolition of an old campsite.

The 411th Engineer Brigade's area of responsibility spans from Fort Drum to Fort Dix, N.J. Due to some creative collaboration between the previous garrison command team and the 479th Engineer Battalion, the engineers are working here on some long-overdue upgrades and repairs to roads and culvert style water crossings.

Many of Fort A.P. Hill's roads are not paved and only a few bridges exist on Post. Many of the roads that go through the multitude of lakes, ponds, streams and wetlands here have culverts that allow water to drain and mitigate flooding.

Most of the metal culverts are between 20 and 30 years old, however and have begun to rust away and in some cases have been washed out or filled with debris.

The engineer's mission entailed diverting the water, removing the bad culverts and then rebuilding the water crossing.

To prepare the crossing for the new culvert they created a base using compacted stone. Then, they placed the culverts in the proper location and on the correct slope and covered them with more compacted gravel and earth.

Once the new culverts were in place and properly bedded, they routed the back to its original path through the culverts.

Pfc. Jacob Bissell, a member of the engineer unit that worked at the Old Woodford site described they work he and his unit completed.

"We had to divert hundreds of thousands of gallons of water and then build a cofferdam so that we could remove and replace the culverts here," he said. "Only when the water



Flash floods and high water often make dirt road water crossings impassable. Thanks to a coordinated effort between Fort A.P. Hill and the 411th Engineer Brigade, this problem has been fixed. Engineer Soldiers removed the old culverts prior to creating a new bed in which to set the new culverts.

level was low enough could we begin the task of removing and replacing culvert."

Four previously closed roads are now be open thanks to the efforts of the 411th Engineers. The engineers also demolished a dilapidated loading ramp and worked on draining uses around Wilcox Camp physical training area.

By the time they finished the 411th Engineers gained some valuable experience, Fort A.P. Hill saved a substantial amount of money and the warriors who train here have a safe and expanded road network they can use.

National Public Lands Day

Volunteers work at Garrett Farm and Port Royal

By John Mullin

Fort A.P. Hill Cultural Resource Manager

More than a dozen volunteers from Fort A.P. Hill joined members of Historic Port Royal, the Caroline Historical Society and the Boy Scouts of America Sept. 25 and 27 to clear brush and invasive plants and remove fallen trees from the Garrett Farm site on Route 301 and the Port Royal Museum of American History.

The event was part of National Public Lands Day, an annual event when volunteers build trails, remove trash and invasive plants and plant trees on public lands.

Created in 1994, National Public Lands Day brings approximately 175,000 volunteers to more than 2,000 public land sites in all 50 states, the District of Columbia, Guam and Puerto Rico, according to the NPLD website: <http://www.publiclandsday.org/about>.

Fort A.P. Hill's Directorate of Public Works Environmental and Natural Resources Division led the efforts at both sites. The Garrett Farm was the site of the capture of John Wilkes Booth, on April 26, 1865, after the assassination of President Abraham Lincoln.

The Port Royal Museum of American History, dedicated to preserving the history of the Port Royal area, is located on U.S. Route 301 roughly 2.5 miles northeast of the Garrett Farm site and houses a number of items related to John Wilkes Booth and the Garrett Farm site.

The Fort A.P. Hill NPLD project was originally planned as a one-day event on Saturday, Sept. 27 at the Garrett Farm site and the Port Royal Museum. Faced with the task of safely cutting dead and fallen trees at the Garrett Farm site, the Environmental Division added another day, Sept. 25. Five volunteers cut the trees into manageable pieces with chainsaws for the Saturday clean-up project.

Events on Sept. 27 began at the Port Royal Museum with an Archaeological Resources Protection Act training ses-



Fort A.P. Hill volunteers cleared the Garrett Farm site on Route 301 of brush, invasive species and a fallen tree on Sept. 27. Shown here from left are Terry Banks, Cassie Mullin, Joseph Mullin and John Mullin. Banks and the Mullins were among more than a dozen volunteers who worked at the site on National Public Lands Day.

Courtesy photo

sion to raise awareness of preservation laws that affect Federal lands.

Volunteers at the Port Royal Museum cleaned the area and cleared vegetation to allow clearance for tour buses that had previously been stopping at the Garrett Farm site. The volunteers collected four bags of branches, leaves and other debris at the museum.

At the Garrett Farm site volunteers removed more than one ton of cut wood and cleared approximately 80 pounds of invasive and nuisance vegetation from about 200 feet of the walking trail.

During the vegetation clearing, volunteers identified and protected native plant species. The volunteers also cleared the site boundary and protective signs of vegetation to prevent inadvertent trespassing and vandalism in protected areas. They also collected one bag of roadside trash for disposal off-site.

Finally, they documented the site with photographs and video recordings to allow for the creation of video and photographic displays for the Port Royal Museum and other off-site venues in the future.

ARMY DIGITAL PHOTOGRAPHY CONTEST



TWO DIVISIONS

**MILITARY (ACTIVE DUTY MILITARY)
OTHER ELIGIBLE PARTICIPANTS**

SEVEN CATEGORIES

**ANIMALS • DESIGN ELEMENTS
DIGITAL DARKROOM
MILITARY LIFE • STILL LIFE
PEOPLE • NATURE & LANDSCAPES**

SUBMIT. SHARE. WIN.

CONTEST OPEN: OCT 15 - NOV 30
arts.armymwr.com



Employee Spotlight – Scott M. Meredith

Each edition we'll highlight one A.P. Hill employee to learn a little bit about him or her and how they contribute to our mission of providing the Best Training and Support Anywhere.

Interview and photos by Michael Meisberger

Scott M. Meredith became the Director of Fort A.P. Hill's Directorate of Family Moral Welfare and Recreation in July after serving at U.S. Army Garrison Red Cloud, Korea. He grew up an Army brat in El Paso, Texas and attended many MWR functions. After graduating from Barrington College in Barrington, R.I. with a Bachelors degree in Recreation and Physical Education, he began a 27-year career working for FMWR in the continental United States and overseas. His favorite duty station was Brussels, Belgium, at the NATO Support Agency. Meredith can be contacted at: 804-633-8702.

What does your job entail?

Being the Director of FMWR on A.P. Hill entails working closely with the command requirements and also depends on the best way to serve the community members of the Garrison.

Why is FMWR important?

FMWR affects the lives of the entire Army community which includes Soldiers and their Family, Civilians and Retirees. I know this from past involvement and my experience growing up with MWR. It can

improve the quality of life for Soldiers and Family, as well as other Department of the Army Civilians, who work under stressful situations.

What are your goals for FMWR here at AP Hill?

This one is easy: define and shape the mission of MWR on Fort A.P. Hill to ensure the program is relevant and meets the needs and requirements that are uniquely A.P. Hill's. My goals are not difficult but it will take time, patience and the ability to adapt to the changes the Army is going through. Ultimately, I want to grow and expand the opportunities we have here.

Did you ever envision working for the Army and with Soldiers?

"It was a logical progression for me. I grew up participating in all kinds of MWR events and after college it just made sense to continue forward with MWR as a career."

What's your favorite football, baseball, hockey, soccer, etc. team?

Meredith didn't name a specific team but he likes to swim and enjoys a round of golf as often as possible.



"FMWR affects the lives of the entire Army community...Soldiers and their Family, Civilians and Retirees.



"Ultimately, I want to grow and expand the opportunities we have here."



"I grew up participating in all kinds of MWR events; after college it just made sense to continue forward with MWR."

Fort A.P. Hill opens a new fire house in July

Story and photo by Bob McElroy

U.S. Army Garrison Fort A.P. Hill opened a new fire station on July 21.

The new station, Station 9, is the third on post and gives the garrison's fire department greater ability to fight fires in the southern part of the installation where all of the firing ranges and firing points are.

Garrison commander Lt. Col. David A. Meyer and fire chief Daniel C. Glembot cut the ribbon to officially open the station.

The new fire station was formerly used as a training facility. Fort A.P. Hill firefighters worked for about six months to refurbish it and convert it into a firehouse.

They built the kitchen, the bunk rooms, laid the flooring and added an enclosed car port for the brush truck, according to acting chief Tom Acacia.

Meyer said the new station was the fulfillment of Glembot's vision and commitment to service.

"Danny knew that we needed three fire stations, he knew that to make sure our tenants and customers had the very-best service possible that it took three fire stations to do that, he knew it," Meyer said. "So, you're standing right now in a testament to his dedication and the hard staff work that went into it."

Glembot said that far from an individual effort the new fire station was the result of the hard work and support from the garrison command group, the staff and the firefighters.

"Although I may have been the person doing the briefings I wasn't the only person involved in the process," Glembot said. "Although I always get the accolades and appreciate them, they really go to the department, so please give the firemen a hand because they're the ones who do the hard work."

Following the ribbon cutting Meyer presented Glembot with the Department of the Army Achievement Medal for Civilian Service for his contributions to the garrison.



U.S. Army Garrison Fort A.P. Hill commander Lt. Col. David A. Meyer (left) and Fire Chief Daniel C. Glembot cut the ribbon to open Station 9, the post's newest fire station. The new station gives firefighters greater ability to fight fires in the range complex and at points in the southern part of the installation.

Former garrison commander Lt. Col. Peter E. Dargle approved the award but was unable to present it to Glembot before he relinquished command on June 27.

Glembot has been deployed to Bagram, Afghanistan for the last six months and returned in late July for mid-tour leave.

The fire department also welcomed a new fire truck and, in keeping with tradition, the firefighters pushed it into its bay with Glembot at the wheel.

The new fire truck is not a brand-new vehicle but a rebuilt engine that began its life at the Fort Benning, Ga. Fire Department. That department used it for a few years and then turned it in to be rebuilt. A company called E-One in Ocala, Fla. rebuilt the truck at a cost of \$387,000 and delivered it to Fort A.P. Hill in early July, Acacia said.

Station 9 has four firefighters on duty 24/7, a brush truck and the new fire truck.

More than 30 runners and walkers participate in the annual Labor Day 5-kilometer run and walk



Following in the tradition of previous classes, a large group of Soldiers attending courses at the McMahon EOD Training Center participated in the 5-Kilometer Run. One of their classmates, Staff Sgt. Dustin Bussard, finished second with a time of 21 minutes, 4 seconds. Staff Sgt. John Vizaggio, also an EOD student, finished third, his time was 21 minutes, 29 seconds.



Ashley Gray (right) of Range Operations was the first finisher with a time of 19 minutes, 46 seconds. Gray ran in honor of his cousin Tyler Wright, who passed away recently from cancer. Tyler was 29 years old.



Daniele Cushing (right) was the first female finisher with a time of 33 minutes, 50 seconds.

Family and MWR Presents:



PICK-UP BASKETBALL

No sign-ups necessary! Interested players should meet for games on the basketball court at the Headquarters Fitness Center between 4:30 p.m. and 6:30 p.m. every Wednesday and Friday starting Oct. 3.

QUESTIONS? CALL 804-633-8219

Eligibility: MWR programs are open to Authorized Patrons. This includes Active Duty Military and Reserve personnel, Retirees, DOD Civilians, Employees, their Family Members, guest who are accompanied by an authorized patron, and other individuals permitted by AR 215-1.



www.aphillmwr.com

iSportsman system allows hunters to register online

Story and photo by Bob McElroy

Hunters, fishers and trappers who use Fort A.P. Hill can now buy a permit and check-in and out of areas on their home computers or smart phones thanks to a new web-based program called iSportsman.

The new system went active on Tuesday Sept. 2.

Fort A.P. Hill Senior Wildlife Biologist Ben Fulton said iSportsman makes it easier for hunters and fishers to sign up for their permits and sign in for hunting areas; gone are the days of driving to the check-in station at Outdoor Recreation early in the morning and waiting in line to sign in.

“It will benefit sportsmen and hunters in that they now can purchase their permits at home,” Fulton said. “They can go online to check-in and out of areas by smartphone, on the computer, by telephone or at the kiosk by the Visitor Control Center.”

Fulton said iSportsman also makes it easier for someone to move to another area using their cellphone or smartphone. Hunters with a smartphone can pull up an electronic map and see which areas have passes available—they’ll be color-coded on the map, red for closed areas, green for open.

There’s no physical check-in and out, it’s done by phone, he said. It saves the 30-40-minute drive back to the check station that they had to make in the past.

Fort A.P. Hill Game wardens can track who has checked in and out on their laptops, something they were unable to do in the past.

Fulton said the ability to track users gives the installation the ability to contact them in case of emergency, bad weather or some other urgent situation.

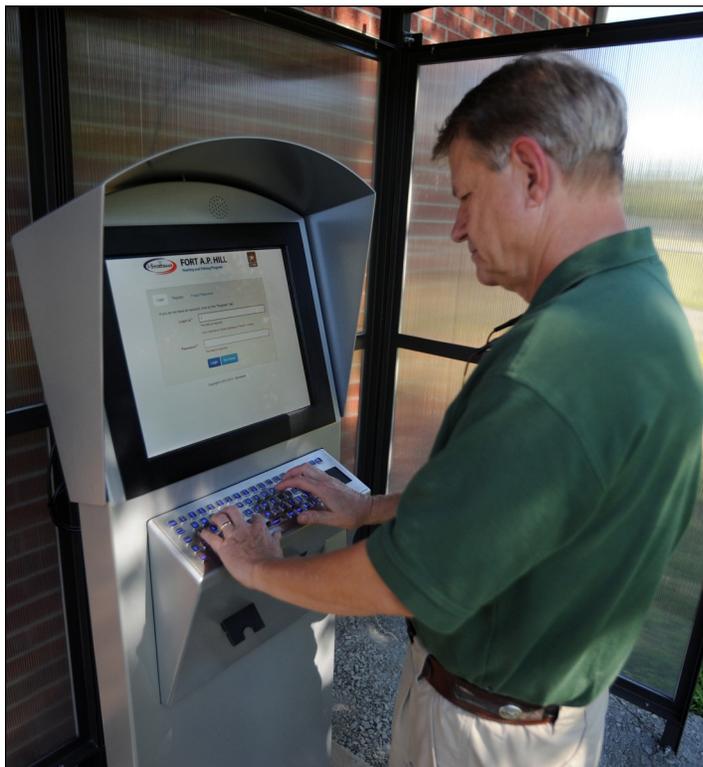
We can send a text or some kind of message through the mass notification system, he said.

Those who don’t have a smartphone or a computer can register at the iSportsman Kiosk located next to the A.P. Hill Visitor Control Center. The kiosk features a touch screen, a keyboard plus a slot to swipe a credit card. Fulton said users must pay with a credit card under the new system.

If you’ve registered at A.P. Hill, you can use iSportsman at another installation that uses the system.

iSportsman helps the Fish and Wildlife division to gather data on how many fish, fowl and small game are taken, something it hasn’t been able to do in the past.

“Before, all we tracked was the deer and turkey data, we were not tracking anglers at all, we had no idea where they



Fort A.P. Hill Senior Wildlife Biologist Ben Fulton demonstrates how to use the new iSportsman kiosk next to the Visitor Control Center. The kiosk features a touchscreen, keyboard and a credit card swipe for users to pay for their permits. It's available for those who don't have a personal computer at home.

were,” Fulton said. “This way we can open and close ponds if it affects military training. And we also know how much use a pond is getting for biological purposes. If they’re taking too many fish or not enough, we’ll know that.”

Fort A. P. Hill is not the first military installation to use iSportsman, Fulton said, the Air Force uses it in Alaska and Fort Riley, Kan. has used it for three years.

Sean Stratton, Fort Riley’s Fish and Wildlife Administrator said iSportsman has been quite successful on post.

“It’s tremendous, we love the system; the users love it,” Stratton said. “We’re extremely happy with iSportsman. No complaints with the system, it’s very efficient and saved us a tremendous amount of money.”

Stratton said that before Riley activated iSportsman they were concerned those who didn’t have Internet access would be unable to register. Those fears proved groundless as about 90 percent of their 1,500 users are web-based.

Complete instructions to register to hunt, fish or trap at Fort A.P. Hill are listed on iSportsman website: <https://faph.isportsman.net/>.

Hell or High Water Rowing Challenge

Time : 0600-1800

Dates : 7 October, 2014

Where : Headquarters Fitness Center

Come see how far you can row in 10 minutes.
Commander's Cup points will be awarded to first,
second, third male and female. Participation points
will also be awarded.

*Feel Free to bring your own Coxswain
(the steersman of a racing boat, or other
boat, otherwise known as the one Yelling)
We have a megaphone for you to use !



www.aphillmwr.com

Committee aims to improve training opportunities

By Shawn Morris

Fort A.P. Hill Regional Training Support Center

For more than a year the Civilian Training and Leadership Development Committee has been working hard to improve the quality of training and leadership opportunities at Fort A. P. Hill.

The committee is a command initiative that has more than 12 members from across the directorates. It meets the first Thursday of every month. The meetings are open to the public. Membership is voluntary and the committee is always open to suggestions from the civilian workforce.

The current CTLD members include:

- Combined Group: Dianne Smith, Mary Arcand, B.J. Preston
- Directorate of Plans, Training, Mobilization and Security: Madelaine Perrotte-Clontz, Sharee Gerich, Jessica Glusing, Shawn Morris
- Directorate of Emergency Services: Ron Henson, Chivale Modeste
- Directorate of Public Works: Kristine Brown, Stacy Petry
- Directorate of Family and Morale, Welfare and Recreation: Steven Kulich

One of the big projects the CTLD has been working is the civilian workforce mentorship program. The mentorship program's purpose is to pair employees with mentors who can help guide them toward their career goal and provide advice. Participation in the program is voluntary for current employees and mandatory for new hires.

When this program begins employees will be divided into three levels: Entry level, Journeymen and Expert. Participants will be asked to fill out a questionnaire which will be used to match employees with mentors. Pending completion of and approval of the program the tentative kick off date is Jan. 1 2015.

Questions and comments for the CTLD can be sent to the new CTLD outlook email account.

usarmy.aphill.imcom-atlantic.mbx.ctld-mailbox@mail.mil

Upcoming mandatory training

Oct. 1 – Jan. 15

Anti-Terrorism

Combating Trafficking in Persons

Cyber Awareness

Jan. 1 – April 15

Annual Security

Composite Risk Management

Constitution Day

**Accident Avoidance must be taken every four years.

**No Fear must be taken every other year

If anyone needs the above two courses, the end date is March 31.

Equal Employment Opportunity

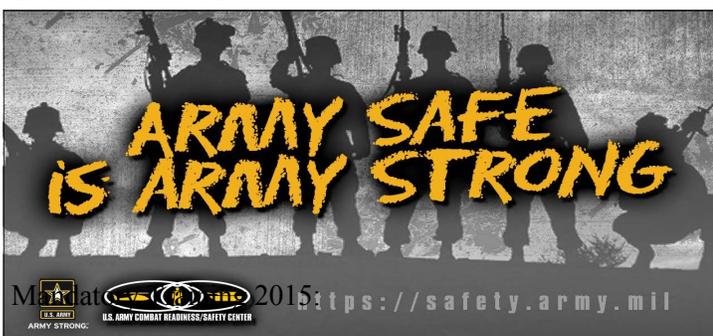
Nov. 12 2014

May 20, 2015

Aug. 19, 2015

Mandatory Training Tip

Sometimes finding required mandatory training online can be daunting. To make things easier, the CTLD Committee created a button on the Fort A. P. Hill Intranet that says Civilian Training and Leadership Development. If you click that button and scroll to the bottom of the page there is another button labeled Active Training Courses. Clicking this button will provide you with access to a matrix that describes what training is mandatory for Federal Civilians, Contractors and Military personnel. You will also find links to all the active mandatory online training courses. This can make your training much more efficient. So give it a try and stop searching for the course you need.



Wilcox Circuit Challenge

Come support Fort A.P. Fitness by participating in a circuit challenge.

Come out to give this a try.

Challenge will consist of 8 stations set up on an 800 meter track.

Commander's Cup points will be awarded to the top male and female finishers and all participants!

Where: Wilcox Track

When: **17 October 2014 @ 0700**

Note: Water will be provided. Please bring bug spray or additional refreshments that you may want.

Eligibility: MWR programs are open to Authorized Patrons. This includes Active Duty Military and Reserve personnel, Retirees, DOD Civilian Employees, their Family Members, guests who are accompanied by an authorized patron, and other individuals permitted by AR 215-1.



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Humvee Egress Assistance Trainer has new home

Story and photos by Shawn Morris

Fort A.P. Hill Regional Training Support Center



Workers from Dekk Construction assemble the new shelter for the Humvee Egress Assistance Trainer.



The Humvee Egress Assistance Trainer in its new home behind the Regional Training Support Center.

If you've driven by the Regional Training Support Center here recently you may have notice the new construction behind the building. It's the new home for the Humvee Egress Assistance Trainer.

The new 25-foot long by 27-foot wide Big Top Shelter was installed by The Dekk Construction Company. They began work on Sept. 17 and finished on Sept. 19.

The HEAT was originally on the concrete pad on the airfield across from Range Control. This location did not provide adequate shelter for the system from the elements and local wildlife. Humvee rollover training is mandatory for mobilizing units, making this simulator a valuable training device.

Moving the HEAT to the RTSC was a great way to round out the training footprint of the new facility. The location has reinforced our goal to make the Fort A. P. Hill Regional Training Support Center the one-stop location for all your simulator and training aids.



The Most Interesting Man in the World stops by

Jonathan Goldsmith, also known as The Most Interesting Man in the World in the popular Dos Equis Beer advertisements, visited the Night Vision Laboratory's demolition ranges at Fort A.P. Hill on July 29 to learn what Night Vision does to counter land mines and improvised explosive devices.

The Night Vision Labs blew up some explosives for Goldsmith and representatives from the Mines Advisory Group and showed them some of the mines and improvised explosive devices they work to detect and defeat.

After the demonstrations Goldsmith and MAGS, a nonprofit organization that removes and destroys landmines worldwide, shot several public service announcements for the group.

Here, John Fasulo (right) of the Night Vision Labs explains to Goldsmith (left) how some of the explosive devices work and what the Labs do to combat them.

U.S. Army photo by Bob McElroy

VOLLEYBALL TOURNAMENT



Set and Spike your weekend to a new level for a Volleyball Tournament. Winner will receive Commander Cup points. Each Team will also receive Commander Cup points for participation.

Date : **Saturday, 25 Oct 2014**

Sign-ups will end on **23 Oct 2014**

Brackets will be emailed out to captains with a timeline for Saturdays matches.

Where : HQ Fitness Center Gymnasium

Eligibility: MWR programs are open to Authorized Patrons. This includes Active Duty Military and Reserve personnel, Retirees, DOD Civilian Employees, their Family Members, guests who are accompanied by an authorized patron, and other individuals permitted by AR 215-1.



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Family and Morale, Welfare and Recreation notes

The Fort A.P. Hill Power Lifting competition is over and the results are in-

Top Men:

1. Sean Fleharty - DPTMS - 292.66
2. Mulan Griffin - EOD - 279.56
3. Ashley Gray - DPTMS - 277.66

Top Women:

1. Marie Cusic - EOD - 174.46
2. Katrina Tamondong - DPTMS - 159.65
3. Kimberly Coleman - MWR - 156.24

The Power Lifting competition had three events: the dead lift, squat and bench press. The participants didn't compete against each other, they competed against themselves. They were scored using the Wilks Formula which Identified the best lifters across different bodyweight categories. It can also be used to compare male and female lifters as there are separate formulas for each gender. The contest is scored using the competitor's body weight in comparison to the amount of weight they lift.



Fitness Center closed for the holiday

- The Headquarters Fitness Center will be closed on the federal holiday Columbus Day, Oct. 13.
- As early as Oct 7, the Wilcox Fitness Center will close for renovations and reopen as late as mid January. The bathrooms are being brought up to code to include male and female showers and toilets. In the meantime folks that normally use Wilcox will have to come up to the HQ Fitness Center.
- The Headquarters Fitness Center, which is currently called the Community Activity Center will be re-named the Ambrose Fitness Center soon. This is due to a majority of votes by A.P. Hill patrons in August. The name comes from two people; General Ambrose Burnside and Ambrose Powell Hill became friends at West Point and later faced each other at the Battle of Antietam. We will ask the Directorate of Public Works make a new sign for the building.
- Halloween 5K Fun Run and Trunk or Treat begins Oct. 31 at 4:30 p.m. at Beaver Dam Park. Participants encouraged to wear costumes. Also looking for volunteers to dress up and scare runners on the course.

Family and MWR Presents

Outdoor Recreation Trips October - December



WINE TASTING TOUR – October 25 2014
Transportation cost: \$15 per person
Tastings and events are pay as you go.
Please note you must register by October 20th 2014



ROCK FISHING TRIP – November 16 2014
Transportation and ticket cost: \$80 for all ages.
Fishing Hampton Roads Area
Please note you must register by October 31st 2014



WILLIAMSBURG SHOPPING TRIP – December 06 2014
Transportation is \$25 adults, \$18 for children 0-13
Outlets and Yankee Candle Factory Store
Please note you must register by December 8th 2014

Call 804-633-8244 for trip details. Prices with + additional fees at the destination. All trips must have a least 8 persons sign up by registration date.



Like us at
<https://www.facebook.com/FtAPHill>



Check us out at
www.aphillmwr.com

Eligibility: MWR programs are open to Authorized Patrons. This includes Active Duty Military and Reserve personnel, Retirees, DOD Civilian Employees, their Family Members, guest who are accompanied by an authorized patron, and other individuals permitted by AR 215-1.

HALL O' PUMPKIN WEEN

5K Fun Run/Walk

When: Friday, 31 October 2014 at 4:30 PM

Where: Start and Finish at Beaver Dam Park

How: Sign-up in advance at the Downtime Zone or the HQ Fitness Center. Registration forms will be available on the day of the race day as well.

-**Commander's Cup** points will be awarded to the top three finishers and all participants!

-Additional points will be awarded for wearing a costume!

-Join us afterwards for refreshments and games at the F&MWR Trunk or Treat.

-Call **804-633-8219** for details.



Eligibility: MWR programs are open to Authorized Patrons. This includes Active Duty Military and Reserve personnel, Retirees, DOD Civilian Employees, their Family Members, guests who are accompanied by an authorized patron, and other individuals permitted by AR 215-1.

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Images from the past

A look back at Fort A.P. Hill



Soldiers have supported Fort A.P. Hill construction projects since the post was established.



Drill and ceremonies has been part of a Soldier's life for a long, long time.

Garrison Hours of Operation

Garrison Headquarters	Monday – Friday 8 a.m. - 4:30 p.m.
Lois B. Wells Health Clinic	Monday – Friday 7 a.m.— 4 p.m.
Directorate of Family and MWR	Monday – Friday 8 a.m.— 4:30 p.m.
Community Activity Center	Monday-Friday: 6 a.m.—7 p.m. Saturday 9 a.m.—5:30 p.m. Sunday 9 a.m.—5:30 p.m. Holidays 9 a.m.—5:30 p.m.
1673 Recreation Center	Unit sign-out on an as needed basis.
Wilcox Gym	24/7
Downtime Zone Recreation Center	Unit sign-out on an as needed basis.
PX at Wilcox	Tuesday – Saturday 10 a.m.— 5 p.m.
Wilcox Snack Bar	Tuesday – Saturday 11 a.m. – 7 p.m.
Recreational Lodging	Monday – Friday 7 a.m. – 4 p.m.
Outdoor Recreation	Monday – Friday 7 a.m. – 4 p.m. Sat 7 a.m.—3 p.m. Sun 8 a.m.— Noon

Would you like your hours posted? Submit office name, building and days and hours of operation to Up and Down the Hill at: usarmy.aphill.imcom-atlantic.mbx.pao@mail.mil.

Follow all the latest news and information on official Garrison social media:

Fort A.P. Hill Blog

www.fortaphill.wordpress.com

Fort A.P. Hill Facebook

www.facebook.com/FtAPHill

Fort A.P. Hill Twitter

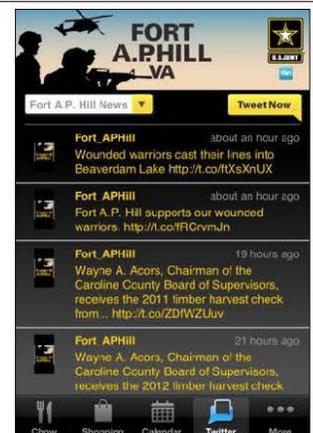
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