

UP AND DOWN THE HILL

SERVING THE FORT A.P. HILL COMMUNITY



Jeremy Heckler

Members of the Fort A.P. Hill community stand with the 2006 Army Communities of Excellence third place trophy and a check representing \$750,000 in a ceremony held at the Pentagon May 4.

Fort A.P. Hill honored at Pentagon ceremony

by **Jeremy Heckler**
Fort A.P. Hill Public Affairs

Fort A.P. Hill was recognized for its third place finish in the 2006 Army Communities of Excellence program in a ceremony at the Pentagon May 4.

Garrison Commander Lt. Col. James M. Mis and 2005 Employee of the Year Richard A. Harris, Jr. from the Directorate of Logistics accepted the award on behalf of the military and civilian personnel of Fort A.P. Hill. This is the second consecutive year the installation has brought home third place in the competition. More than 20 members of the Fort A.P. Hill work force and their families were in attendance.

The Army Communities of Excellence program assesses Army installation management processes against the Army Performance Improvement Criteria, adapted from the Malcolm Bal-

ridge National Quality Award criteria.

“Through ACOE and Lean Six Sigma our installations are better equipped to share best practices among installations and communities and improve their collective performance,” said Dr. Craig E. College, deputy assistant chief of staff for Installation Management, who opened the proceedings.

The Honorable Pete Geren, under secretary of the Army and Lt. Gen. James L. Campbell, director of the Army Staff, presented Mis and Harris with a trophy, a streamer for the Army Communities of Excellence flag the installation received last year and a symbolic check for \$750,000.

“The award is a continued reflection of the work of the Fort A.P. Hill team and the great things they accomplish everyday,” said Mis.

Fort Stewart and Hunter Army Air-

field, Ga., earned the top prize for the third straight year and earned the top prize of \$2 million dollars. Fort Bragg, N.C., finished second and was presented with a check for \$1 million.

Mis said suggestions will be solicited from the work force as how the prize money will be used. ACOE money funded the training building that in the final stages of construction on Beaver Dam Pond. Last year’s ACOE finish will fund a new building adjacent to the training building to enable small group communication.

Geren said each installation’s commitment to its military mission as well as to its respective communities is essential to maintaining America’s Army.

“The awardees represent the best of our flagships of readiness,” said Geren.

“If we did all the things we are capable of, we would literally astound ourselves”

-- Thomas Alva Edison

Post police officer helps save diabetic

by Jeremy Heckler

Fort A.P. Hill Public Affairs

It was all in a day's work when Officer Ken Delano from the Fort A.P. Hill Police Department saved the life of a man in diabetic shock.

Delano was patrolling Route 301 April 26 when he came across a large tractor trailer truck on the side of the road. Delano said he noticed a driver staggering around in a large semicircle in front of the vehicle.

"This guy was disoriented and didn't know where he was," said Delano.

The driver, Ira Cloeman from Glen Allen, Va., said he was a diabetic and was heading for Caroline County High School to make a delivery. Cloeman said he had been working too hard and hadn't taken his insulin. When he started to feel disoriented he called into his dispatcher and pulled off the road.

Delano called Chuck Westerfield, the desk officer, with a medical emergency. From the desk Westerfield put the Fort A.P. Hill rescue team into action. He called Fort A.P. Hill and Bowling Green emergency medical personnel and alerted the chain of command.

Both rescue teams were on the scene in less than 10 minutes.

While waiting for medical assistance, Delano said he made Cloeman, 54, sit down so that he wouldn't try to run off and cause an accident. Many diabetics get angry when they don't have enough insulin, he said.

"I didn't have to wrestle with him," said Delano.

Bowling Green medical personnel transported Cloeman to St. James Hospital for treatment.

"It's noteworthy, but not that big of a deal on our part," said Westerfield.

Westerfield said the training and experience of the officers in the department makes situations like that go smoothly.

Delano said officers are taught in the police academy to ask if suspects have any medical conditions. Some conditions, such as diabetes, show symptoms that are similar to being drunk. Delano also had added experience gained from eight years as an emergency medical technician and six years as a police officer.

"It's easy to make a mistake out there and not pay attention to the warning signs. The potential for further injury to a person is significant," said Lt Tom Gredja, shift supervisor.

Delano said he and his fellow officers patrol Route 301 in conjunction with local law enforcement.

"It's important to have a good working relationship with



Jeremy Heckler

Officer Ken Delano, Fort A.P. Hill Police Department, rescued a diabetic truck driver on Route 301 recently.

local law enforcement outside Fort A.P. Hill because when something happens outside the gates you never know who is going to back you up," said Westerfield.

With a small permanent population, the unit's mission is centered more on security and not on the everyday duties of a small town police department.

"Most of what we do here is force protection and anti-terrorism so you don't get a lot of opportunity for medical emergencies and law enforcement," said Gredja.

Gredja said Delano's work as a Fredericksburg Police Department Auxiliary officer helps provide him more civilian law enforcement experience.

On Route 301, the officers help stranded motorists and every once in awhile pull over someone who is driving while intoxicated.

"Officer Delano is a very proactive officer who goes out there and tries to do the best job he can every day," said Gredja.

Delano deflects all the credit to others and said it was part of the job.

"I'm just doing what I'm trained to do. Officer Westerfield did all the hard work," said Delano. "If it wasn't for him getting the fire rescue there we would have a real serious problem."

"Officer Delano is a very proactive officer who goes out there and tries to do the best job he can every day."

-- Lt. Tom Gredja,
shift supervisor,

Fort A.P. Hill Police Department



Directorate of Plans, Training, Mobilization and Security

Scott Kittle, DTPMS, stands next to a “GreenTarget”, an environmentally friendly target designed to help train warriors with zero environmental emissions.

“GreenTargets” arrive on Fort A.P. Hill

by **Jeremy Heckler**
Fort A.P. Hill Public Affairs

A new type of prey came to Fort A.P. Hill recently. From a distance it looks like an enemy vehicle, yet it has no moving parts and contains no materials that could possibly harm the environment.

It is a “GreenTarget,” an environmentally friendly product created by EOD Technology, Inc., purchased by Fort A.P. Hill recently adding to warrior training. The post received three of the targets, which cost approximately \$15,000 each, with revenue from the sale of scrap metal of old targetry recently cleared from demolition site 76 and 71D.

Fort A.P. Hill is one of a few installations to use the new equipment.

“It’s a relatively new concept for the Army’s increased attention to the environmental impacts of munitions,” said Tim Ryan, range officer.

The post currently uses old military vehicles that have been demilitarized for use on the range.

“The old vehicles have a double use,”

said Ryan. “The Soldier would use it until it broke and then we’d use it as a target.”

Ryan said once the installation receives a vehicle for reutilization as a target, it goes through an extensive process to prepare it for its new mission as a target. Each vehicle is drained of oil and other hazardous fluids. The vehicle’s gauges, windows and other pieces of glass are removed. All the weaponry is rendered inoperable. The vehicle’s tires are left on to help put it into position.

Over the years, the military has learned more about the environmental damage old vehicles used as targets can cause and taken steps to reduce the risks, if not completely eliminate them. The GreenTargets are a new way to meet the challenges to warrior training and to the environment.

“From an environmental perspective this is an ideal target that has zero potential for contaminating the soil,” said Sergio Sergi, environmental specialist, Directorate of Public Works.

Ryan said each “green” target is a three-dimensional silhouette of an ar-

mored personnel carrier. He said one of the benefits is that unlike outdated Army equipment, the new “vehicles” more closely resemble what warriors might encounter in combat.

Each “vehicle” is made of recycled steel plates and will absorb the damage of any type of round up to a 155 mm artillery round.

On the range the biggest difference is how it absorbs damage.

Ryan said a tank absorbs all of the force of a round, causing major damage the vehicle and limiting its useful lifetime. The new “vehicles” are hollow, allowing it to disperse the energy outward. This keeps it in shape for a longer period of time while still providing the explosion that every warrior recognizes when they hit the mark.

As the old tanks and equipment are removed, more GreenTargets will take their place.

“Our intent is to replace as much of the old targetry with this new targetry which is more environmentally friendly and cost effective,” said Hank Hanrahan director of plans, training, mobilization and security.

Consumer complaints via Military Sentinel E-mail

by Steven Chucala

Fort Belvoir Staff Judge Advocate's Office

Legal assistance clients, both civilian and military often ask where they may file complaints with a central government agency concerning fraudulent consumer practices by individuals or businesses since many of the culprits are located either inside or outside of the state or country in which the client is located. Until recently, the most prevalent systems available were complaints to the local consumer protection agencies, the state attorney generals and the local better business bureaus. It is apparent that the latest worldwide complaint system available to the entire military community that includes active, retirees, their families and civilians employed by the military known as the Military Sentinel has not come to the attention of many consumers.

Since the many legal service clients are transient military personnel with families having disputes with out-of-state businesses or con-men, filing a complaint with local authorities often does not provide any action or relief against out of state culprits. Added to the problem is the frequent mobility of military personnel and their families around the world that frustrates action on their behalf by local agencies and courts.

To focus in on military consumer complaints and provide a vehicle for worldwide access into a central system, the Federal Trade Commission and the Department of Defense established the Military Sentinel as the first online consumer complaint database specifically tailored for the unique needs of the military community. I emphasize that this system is also available to civilian employees of the military. It is located at www.consumer.gov/military and is accessible worldwide 24 hours each day.

Military Sentinel is a convenient way to communicate

consumer fraud complaints to law enforcement officials that facilitates the identification of criminal patterns and individuals by more than 550 members of both civilian and military enforcement agencies in the United States, Australia and Canada. The program also accepts Identity Theft complaints that are entered into the Identity Theft Data Clearinghouse that serves as the federal government's central database for such crimes.

The Military Sentinel also assists policy makers at both the Department of Defense and the Federal Trade Commission to collect and analyze service related information not otherwise available. It also provides information and serves as an educational tool for the military community against those that target our personnel and their families.

Military Sentinel has three essential features. First, it offers members of the military community to include civilian military employees a free, quick and easy way to file complaints. Second, it gives the DoD and law enforcement officers secure access to the complaints to spot prevalent and troublesome problems, installation by installation. (What may appear to be an isolated consumer fraud in one area may well be one being committed across the nation.) Third, it provides military members, their families and military civilian employees with immediate access to the FTC's educational information.

I encourage readers to use this program that is available worldwide. However, care should be taken not to mistake genuine business disputes to include warranty problems as being a fraud in every case that should be reported to the Military Sentinel. When in doubt and legal advice is needed, an attorney should be consulted. The Military Sentinel is not a substitute for an attorney consultation. Since this program is relatively new, widest dissemination is recommended.

FEEDBACK: *How can we be good stewards of Fort A.P. Hill?*



"Respect and take care of your equipment and your office space."

*Diane Wilder,
secretary, DPTMS*



"Recycle, conserve and think about what you can do to save the environment."

*Gary Harris,
environmental specialist, DPW*



"If we take care of our resources, then we save money because we won't have to purchase those items again to accomplish our mission."

*Yvonne Smith,
administrative officer, DES*



File photo

Soldiers from the Virginia Army National Guard and the 29th Infantry Division have trained at Fort A.P. Hill for decades. Over the past year Soldiers from the division became a part of the Army's transformation to a more modular unit.

Fort A.P. Hill armory completes transformation

by Jeremy Heckler

Fort A.P. Hill Public Affairs

The Virginia Army National Guard on Route 301 in Bowling Green is a small part of the Army's Transformation mission.

Soldiers from the 29th Infantry Division have spent most of the past year becoming a more modular organization as part of the Army's transformation plan.

"Instead of the entire division headquarters being based at Fort Belvoir, it is now at three locations: Fort Belvoir; our National Guard armory at Sandston; and here at Fort A.P. Hill," said Maj. James Zollar, operations officer, 29th Infantry Division.

Zollar said transformation has affected more than 90 percent of the Virginia Army National Guard. Prior to the change, the division had separate infantry, engineer and field artillery brigades that trained separately.

After transformation, the engineer and field artillery brigades changed to battalions with smaller elements combining with the infantry to form combined arms brigades. The division also added military police and signal assets.

Zollar said as part of the change, the 28th Infantry Division's engineer brigade, based here at Fort A.P. Hill, furlled

its guidon last month and the unit's Soldiers took over new roles in one of the division headquarters two operations centers.

The 1710th Transportation Company also moved from Fort A.P. Hill to an armory in Richmond.

"We had units leave. The Soldiers didn't leave, they just went to the new unit coming to the armory," said Zollar.

He said that of those Soldiers who stayed, about 35 percent reclassified into new MOSs in either the division headquarters or one of the two new units that moved to Fort A.P. Hill.

While losing the brigade, the armory inherited parts of the division's new Special Troops Battalion, which includes the division staff and its support. The armory also stood up two new units, the 189th Multi-Role Bridge Company and Detachment 1, Company A, 429th Brigade Support Battalion.

The goal is to keep the Soldiers near their local armory for training.

The armory has had few noticeable changes, aside from finding space for the new personnel assigned there and all of the new military vehicles the unit is authorized to have.

While a small group of National Guard units are based here, many other Virginia units come to Fort A.P. Hill each weekend to train.

Asians, Islanders leave their mark on America

by Michael E. Dukes

Walter Reed Army Medical Center

The United States is a nation founded by and made up of immigrants.

In May, Asian Pacific Americans -- a group of people who make up about 5 percent of the U.S. population -- celebrate their colorful heritage.

They are Chinese, Filipino, Korean, Indian, Vietnamese and others from the Asian Pacific region of the world. Some trace their roots back many generations of Asian Americans, while some represent the first in their families to come to America seeking a better life.

"Through the years, Asian immigrants and Pacific islanders have enriched the American way of life," said President George W. Bush in a statement on the White House Initiative on Asian Americans and Pacific Islanders Web site.

"Nobel Prize winner Dr. Subrahmanyan Chandrasekhar's groundbreaking theories on the evolution of stars helped lay the foundation for modern astrophysics," Bush said. "Actress Anna May Wong was one of the first Asian Americans to achieve great fame in American film. And the men of the 100th Infantry Battalion and 442nd Regimental Combat Team, composed primarily of Asian/Pacific Americans, valiantly served our nation during World War II. These units are remembered as some of the most highly decorated in U.S. military history."

Asian Pacific American Heritage Month celebrates the cultural traditions, ancestry, native languages, and unique experiences represented among the more than 30 ethnic groups from Asia and the Pacific found here in the United States, the president said.

"We also recognize millions of Asian Pacific Americans whose love of family, hard work and community has helped unite us as a people and sustain us as a nation."

Rocky beginnings

May has historic significance for many Asian Pacific Americans. On May 10, 1869, America's first trans-continental railroad was completed -- a



Department of Defense

President Dwight Eisenhower congratulates Korean War veteran Army Staff Sgt. Hiroshi H. Miyamura after presenting him the Medal of Honor. Miyamura earned the medal as a corporal during an April 1951 battle that resulted in his capture by Chinese soldiers. In May service members and civilians honor the work and sacrifices of Asians and Pacific Islanders.

task made possible largely by the contributions and sacrifices of Chinese immigrants who laid the tracks. And May 7, 1843 marked the first Japanese immigration to the U.S.

Similar to the current-day debate regarding the U.S. "immigration crisis," Americans of the 1800s feared too many Asian immigrants were coming to America. Many Americans felt they were being "overwhelmed" by the large numbers of Chinese immigrants.

Anti-Chinese riots erupted in Los Angeles and other cities in 1871. Laws were created denying citizenship Asian Pacific immigrants.

Trials toward citizenship

Most Asian Pacific Americans were denied U.S. citizenship until World War I. On June 24, 1935, President Franklin D. Roosevelt granted citizenship to 500 Asian Americans after they served in the U.S. armed forces during World War I -- though many did not enjoy full freedom entitled by the Constitution.

After Japan bombed Pearl Harbor in

1941, more than 100,000 Americans of Japanese ancestry were placed in internment camps. But none of them were found guilty of espionage or treason against the United States.

In the 1950s, the race barrier began to be torn down for Asian Pacific Americans.

House Joint Resolution 10007 officially recognized Asian Pacific American Heritage Week in 1978, and in 1990, President George H. W. Bush proclaimed May as Asian Pacific Heritage Month.

In 2004, there were about 14 million Asian Pacific Americans living in the United States, according to the U.S. Census Bureau.

Today, more than 300,000 Asian Pacific Americans are U.S. military veterans. Of those numbers, 32 have earned the Medal of Honor.

Fort A.P. Hill will honor the accomplishments and heritage of Asian and Pacific Islanders May 30 with a luncheon at Tucker's Tavern.

HEALTHY LIVING

● WELL BEING ● SAFETY

Motorcycle riders should think safety

by Kelly Hinnant

Fort A.P. Hill Safety Office

Spring is the time of year when many explore alternative forms of transportation, namely motorcycles.

There are more than four million motorcycles registered in the United States according to the Motorcycle Safety Foundation. The popularity of this mode of transportation is attributed to the low initial cost of a motorcycle, its use as a pleasure vehicle and, for some models, the good fuel efficiency.

Motorcycle fatalities represent approximately 5 percent of all highway fatalities each year, yet motorcycles represent just two percent of all registered vehicles in the United States according to the Motorcycle Safety Federation. One of the main reasons motorcyclists are killed in crashes is because the motorcycle itself provides virtually no protection in a crash.

Over the past decade the United States has had a tremendous increase in two-wheel riders, both male and female. The power to weight ratio will allow a motorcycle to increase speed much faster than most cars. Even though stopping distance is decreased, braking on motorcycles is more complicated than on four-wheeled vehicles. Motorcycles because of their smaller size are more difficult to see than the larger cars.

According to the Virginia Department of Transportation web site, more than two-thirds of fatal motorcycle crashes involve a motorcycle and another vehicle. The motorist either does not see the motorcycle at all or does not see the motorcycle in time to avoid a crash. It is important for motorists to know that their actions affect the safety of motorcyclists. As a motorist or a passenger, there are some steps to become more aware of motorcyclists.

Respect the motorcyclist:

Remember the motorcycle is a vehicle with all of the privileges of any vehicle on the roadway. Give the motorcyclist a full lane of travel.

Look out:

Look for the motorcyclist on the highway, at intersections, when a motorcyclist may be making a left turn, and when a motorcyclist may be changing lanes. Clearly signal your intentions.

Anticipate a motorcyclist's maneuver:

Obstructions (debris, potholes, etc.) that you may ignore or not notice can be deadly for a motorcyclist. Predict evasive actions.

Allow plenty of space:

Don't follow a motorcycle too closely. Allow enough room for the motorcyclist to take evasive actions.



Jeremy Heckler

James Salisbury, DOL, adjusts his reflective belt before riding. Wearing safety equipment is mandatory on Fort A.P. Hill.

Per mile traveled, motorcyclists are about 16 times as likely as passenger car occupants to die and about three times as likely to be injured in a motor vehicle crash according to the National Highway Traffic Safety Administration. All states require motorcycle operators to take a special test and obtain a separate endorsement on their driver license before operating a motorcycle on public roads.

To operate a motorcycle on Fort A.P. Hill or any military installation, a rider must complete an approved safety course, even if they are not operating the motorcycle on an installation. The courses provide information on how to safely and skillfully operate a motorcycle. A motorcyclist has to be more careful and aware at intersections, where most motorcycle-vehicle collisions occur. Motorcyclists should strive to remain visible to all other motorists at all times.

Use of brightly colored or reflective gear is required on military installations, while riding a motorcycle, and encouraged while riding off post.

A motorcycle requires more skill and coordination to operate than a car. Riding a motorcycle while under the influence of any amount of alcohol significantly decreases an operator's ability to operate the motorcycle safely.

Following the rules of the road and paying attention to your surroundings will ensure that your day on the road ends safely.

NEWS NOTES

Picture from the past



File photo

Construction crews continue work on the post headquarters of Camp A.P. Hill in March 1943. The installation was established in May 1941 with a mission of training Soldiers for combat. The now serves as a Antietam cottage

Kid's Camp Registration

The Directorate of Morale, Welfare and Recreation will be hosting Kid's Summer Day Camp from June 19 through Aug. 18. The day camp will include canoeing, swimming, outdoor sports as well as trips to local tourist attractions. The cost is between \$41-\$84 depending on total household income. For more information about the day camp contact 633-8201 or 633-8367.

Check out 101 Days of Summer Safety in the next issue of *Up and Down the Hill*

Army arts and crafts contest

The Army is holding its annual arts and crafts contest. To be eligible for submission, the artwork must have been completed in the past 24 months. Contestants can enter in the following categories: ceramics, drawings, wood, prints, fibers and textiles, water based painting, glass, oil based painting, metals and jewelry, mixed media 2D or 3D. The entry deadline is May 15. The contest is open to all authorized MWR patrons.

To enter or for more information contact Brian Poe at 633-8219 or brian.poe2@us.army.mil.

Winner of the 2005 Liberty Bell Award for best newsletter in the Installation Management Agency

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