

# Up and Down the Hill

Serving the Fort A. P. Hill Community

## KatMannDo Challenges Post

By Debra R. Bingham  
Fort A. P. Hill Public Affairs Office

A car joins a line moving toward Fort A.P. Hill's main gate. The driver nervously taps his fingers on the steering wheel as he waits. The car trunk is full of explosives and his job is to get them on the installation undetected. He's not working alone. Terrorists just crashed a vehicle through a fence at an old ammunition storage site, or magazine, across post. As the car bursts into flames, the terrorists flee. One, carrying shoulder-fired rockets, runs into the woods, the other falls to the ground.



Terrorists have targeted the fort and are intent on completing their mission. The fort's staff will do its best to make sure the terrorists don't succeed. This time it's not the real thing, but next time it could be. That's why the post is taking part in this force protection exercise, testing its security procedures and anti-terrorism plans, to be prepared for an ever-present threat.

The exercise, called KatMannDo, challenged participants by presenting realistic threats through the use of role players, simulations and specialized technology. Civilian law enforcement, fire and emergency service organizations, and military personnel participated. The exercise also gave local civilian agencies an opportunity to share institu-



Photo by Debra Bingham

Fire consumes a car detonated during a mock terrorist attack during the post's force protection exercise. Firefighters (left) prepare to remove the body of a terrorist 'killed' during the blast.

tional knowledge and test their communications interoperability and situational awareness.

KatMannDo was a three-part exercise comprised of a Field Training Exercise (FTX), a Command Post Exercise (CPX) and a Tabletop Exercise (TTX.) During the training, evaluators observed personnel and later presented findings at an after action review. The post can then use the information to assess its procedures and operations.

### Facing the Challenges

During the FTX, law enforcement, fire and rescue personnel responded to variety of threat scenarios. Personnel manning a emergency operation center, or EOC, tested their incident response and communications procedures. The CPX phase examined the post's ability to process and disseminate intelligence information, and evaluated its

*(Exercise, continued on page 2)*

ability to assess force protection conditions. The TTX phase included a review of the installation crisis management team and its procedures.

**“It shows you how hectic it can be in the real world. When the real thing happens not everything goes as smoothly as it would in a simulation.”**

**John Polis**  
**Police Chief**

Participants didn't know the nature of the events or when they would happen, giving the exercise a sense of realism, according to John Polis, Fort A.P. Hill's police chief.

“They knew there was an exercise coming up because they had to have a safety briefing, but they didn't know what the scenario was. They were told to do what you would normally do with your training,” Polis said.

Polis said the post constantly receives upgrades in equipment and technology for force protection. His officers also undergo specialized training in detecting car bombs and handling terrorist threats.

During the FPX, alert police officers discovered a bomb in the trunk of a terrorist's car and called in the explosive disposal team who diffused it, Polis said.

Officers were not so lucky when a female suicide bomber approached the gate on foot. She killed herself and a police officer when she detonated the explosives strapped to her body.

### **Rapid Response and Containment**

At the car crash site, police quickly established a secure perimeter and began searching for the escaped terrorist. Meanwhile firefighters and emergency response teams arrived on the scene. The fire chief, serving as the incident com-



(Photo by Debra Bingham)

Firefighters remove the body of a terrorist who 'died' after crashing a vehicle into a munitions storage site during a force protection exercise on Fort A.P. Hill.

mander, assessed the scene and set objectives and priorities for the team.

An arch of water cascaded through the air onto the fallen victim in an effort to wash off chemical or biological contaminants that could be spread on contact. Despite efforts to revive him, the terrorist died of his injuries.

Wearing protective suits, firefighters used sensitive monitoring equipment to determine the presence of contaminants at the site, according to Daniel Glembot, post fire chief.

“The Firefighters put out the fire and applied a specialized device called a B-Kit to the 1-ton cylinder of chlorine gas to stop the leak. Once the leak was shut down, firefighters ventilated the magazine and secured the area for law enforcement personnel,” Glembot said.

### **Nabbing the Intruder**

Police located and captured the intruder using a combination of air and ground support. Polis

(Exercise, continued on page 3)

(Exercise, from page 2)

also credited the Caroline County Sheriff's Office and the Virginia State Police for their support during the exercise

"We had military working dogs from MDW (Military District Washington) who were instrumental in catching the infiltrator out by Camp

**"Any training is good training, but exercises like this that are somewhat realistic and challenging are priceless."**

*Daniel Glembot  
Fire Chief*

Connors. He was highly trained in evasive tactics and they (the exercise planners) thought there was no way we would catch him, but we did it with the dogs," Polis said.

The Bowling Green Volunteer Fire Department and Port Royal Volunteer Rescue Squad also took part in the exercise, medically monitoring firefighters and establishing a decontamination line, according to Glembot.

### Testing New Technology

The exercise also gave participants an opportunity to test new communications technology that provided critical, real-time information.

"We were testing a new computer system that was installed into our fire vehicles for this exercise. These computer terminals allowed us wireless access to our EOC, police vehicles-- including Virginia State Police, and Internet access for information and mapping," Glembot said.

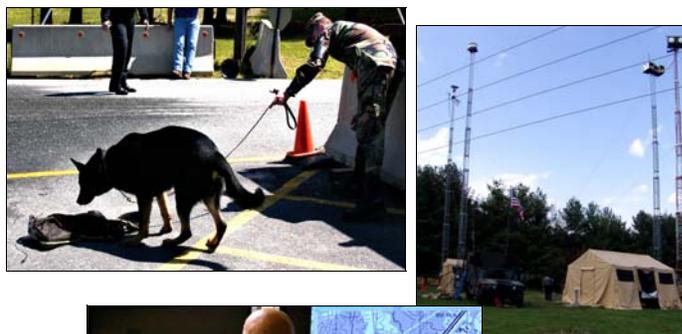
Polis and Glembot felt KatMannDo provided realistic training and gave many participants a renewed sense of purpose.

"It shows you how hectic it can be in the real world. When the real thing happens not everything goes as smoothly as it would in a simulation," Polis said.



(Photos by Debra Bingham)

Clockwise from top: Firefighters arrive at the fire scene and rapidly assess the situation before moving in. Fire Chief Daniel Glembot, serving as the incident commander, determines and orchestrates the incident action plan. Firefighters undergo chemical and biological decontamination.



(Photos by Ken Perrotte)



Clockwise from top: A military working dog locates a explosives at the main gate. An antennae array attests to the communications and information gathering capabilities used during the FPX. Leaders monitor operations from the EOC.

# Serving A Hitch: A Legacy of Memories

**“It is fitting and proper that we devote one day each year to paying special tribute to those whose constancy and courage constitute one of the bulwarks guarding the freedom of this nation and the peace of the free world.”**

*President Dwight D. Eisenhower*

*By Debra R. Bingham  
Fort A. P. Hill Public Affairs Office*

Each year family and friends gather on Memorial Day to remember those who died in service to the nation. Yet few people celebrate another notable day: Armed Forces Day on May 15.

Armed Forces Day was created in 1949 to replace separate Army, Navy, Marine Corps and Air Force recognition days, according to a Department of Defense news release. President Harry S. Truman spearheaded efforts to establish a single holiday to thank military members for their patriotic service.

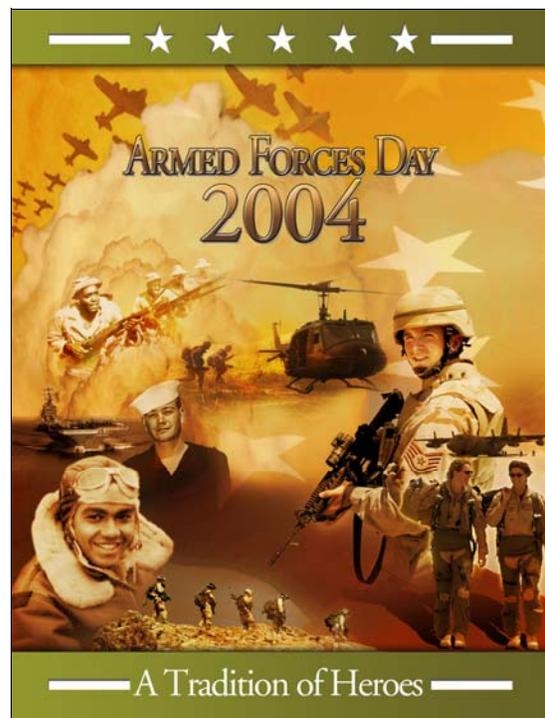
Fort A.P. Hill is rich with patriots and staff who served and continue to serve in the armed forces. No matter the service branch, active duty or retired, all carry fond memories and life lessons gained from their time in the military.

## **Dedicated to the Corps**

Vance Dunlap is a Marine. He’s not active duty any more—he now works as a civilian policeman—but being a Marine is part of who he is. Dunlap said joining was the best thing he ever did, although not everyone understands what it means to be a Marine.

“They are sometimes shocked by how we love the Corps. Some service members feel it’s an eight-hour a day. Not in the Corps. I have never said to my wife ‘see you tonight’ to this day, because I never knew when I would be home,” Dunlap said.

Dunlap said he learned a lot about life in the Marines and he carries many of the lessons with him



everyday. Honor and empathy are two of the traits he lives by.

“Always tell the truth and have people say ‘He is a man of his word.’ Never forget where you came from. Try to remember what it was like being a 20-year-old kid--their problems seem simple to us,” he said.

**“They are sometimes shocked by how we love the Corps. Some service members feel it’s an eight hour day. Not in the Corps.”**

*Vance Dunlap*

Command Sgt. Maj. Gary Carr serves as the post’s top enlisted man. He credits his family with instilling a strong foundation and teaching him to treat people with dignity and respect.

“The military taught me to take ownership, no matter the outcome, and to set goals and to work to reach them. Mental and physical stamina will

*(Celebration, continued on page 5)*

(Celebration, continued on page 5)

give you the strength to continue on in stressful situations,” he said.

Staff Sgt. James Bennett, a range safety inspector, said he admired his stepfather, a Vietnam veteran. Bennett said his stepfather and the military taught him to be flexible and “drive on” despite difficult times.

“He taught me to put yourself second and to put the troops first and accomplish the mission above all,” Bennett said.

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**“I’ve changed over the years. I’ve gained leadership experience and responsibility.”**

*Master Sgt. Donald Freeman*

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Joining the military means learning new skills and developing talents that some never knew they possessed. Service members work in a variety of high-stress jobs where lives are held in the balance. Many are challenged to do extraordinary things.

### **Growing Leaders**

Master Sgt. Donald Freeman, an operations sergeant, said a strong sense of self-worth distinguishes American service members from those in other countries. He credits military training, leader mentoring, and challenging jobs with helping him develop.

“I’ve changed over the years. I’ve gained leadership experience and responsibility. If I’d stayed a civilian I don’t think I’d be able to do a lot of the things I do now,” Freeman said.

Spec. Cindy Velazquez, a range safety inspector, said the military has given her opportunities and responsibilities beyond anything her civilian friends have experienced.

“We have the lives of other people in our hands. There’s a possibility that we can go to war and give our lives up. We’re in two different realms, and they (peers) don’t really understand.

### **Friendships and Memories**

Military service throws people from dissimilar backgrounds together into unfamiliar environments and asks them to become a team. Along the

way friendships grow and many incorporate traits and values learned from coworkers.

Charles Munson, deputy to the post commander, said his fondest memories of the Army revolve around comradeship and helping people. He credits Col. (Ret) Woodrow O. Wilson, Jr. for teaching him the meaning of honesty and integrity. Munson also learned the importance of persistence and the ability of individuals to effect change.

“While serving with the Army you meet all kinds of people. Everyone is unique and important. Each of us contributes in one form or another to the team,” Munson said.

“My fondest memory of military service is all the friendships that I developed with other Air Force personnel over the years,” said Doug Treblich, installation property book officer.

“I regard one individual that I served with as my best friend. Although he left the Air Force and pursued a career in the civilian community, we have kept in touch all these years and continue to have a strong friendship,” Treblich said.

Col. James Balocki, post commander, said he admired the communication style and interpersonal skills of a fellow officer.

“Col. Jim Weller (was) an incredibly smart officer with a truly warm and open heart. He loved people and was always willing to listen to your issues,” Balocki said.

John Milliken, deputy director of military support, learned to work and live with people in close-quarters onboard Navy ships. He has fond memories of the sailors he worked with and the 64 different countries he saw on his voyages.

“Operating at sea in the Pacific Ocean when the sea was as smooth as glass,” Milliken said was an experience he won’t forget. Nor will he forget the people who were like family to him.

The military also becomes ingrained in the lives of family members. Vance’s daughter Gina was unhappy when he retired from the Marines.

“She wrote me a letter saying I was not a man any more,” he said.

The veterans and service members interviewed shared a common belief in the value of families and friends, and a voiced pride in serving their country—no matter the uniform.

# General Aims to Redesign Division

By Master Sgt. Bob Haskell  
National Guard Bureau

Maj. Gen. Daniel Long Jr., sounds like a man with two sets of eyes when he talks about the Virginia Army National Guard outfit that he has commanded for nearly two years, since August 2002.

His eyes to the front are focused on training the 11,500 citizen-Soldiers in the 29th Infantry Division for the kind of warfare that the U.S. Army is waging in Iraq and Afghanistan.

The eyes in the back of his head are looking back 60 years when that National Guard division began fighting its way onto Omaha Beach at Normandy, France, on June 6, 1944, to begin the liberation of Europe from Nazi occupation.

Being trained and equipped to fight the right kind of war against the enemy at hand is the common denominator. It is why Fredericksburg-area resident Daniel Long is devoting a considerable amount of his time and energy to, as he describes it, getting back to the basics or “resetting the division.”

“In light of what’s happening in Iraq and Afghanistan and around the world right now, I felt I needed to change the focus so this light infantry division is prepared to do a lot of things without knowing specifically what’s going to be asked of it,” Long recently explained here at Fort A.P. Hill, where many of his Soldiers were qualifying with their weapons.

## Leaning History’s Lessons

“I think knowing the division’s history helps us to understand why it’s so important to train well,” he added.

That is why Long is leading 100 Soldiers, including 60 or so junior enlisted people, to Normandy this June to be a part of the 60th anniversary of the D-Day landings.

The division’s band will be there. So will an honor guard. So will a lot of young soldiers, who



Photo by Master Sgt. Bob Haskell

Maj. Gen. Daniel Long Jr., the commander of the 29th Infantry Division.

“I felt I needed to change the focus so this light infantry division is prepared to do a lot of things without knowing specifically what’s going to be asked of it.”

Maj. Gen. Daniel Long Jr.

Commander, 29th Infantry  
Division

will walk the beach and climb the cliffs and talk to the aging veterans who survived that dreadful time.

“I want those Soldiers to talk to the veterans and bring the stories back to the rest of the division,” Long said. “I think it’s important to know the sacrifice and the commitment those men made back then. I think it’s important to see that they’re just like you and me.

“The veterans are very proud of this division,” he added. “They were great patriots then, and we have great patriots now.”

That’s why Long insists it is time to get back to the basics so his Soldiers are prepared to fight and defeat terrorists who wear no regulation uniforms and who kill with rocket propelled grenades and improvised explosive devices as well as the 29th’s Soldiers helped to fight and defeat the more easily defined German Army in 1944 and 1945.

## The Challenges Ahead

It’s a tall order because his division is spread over Virginia, Maryland, Massachusetts, Connecticut and North Carolina. Furthermore, 7,000 of the 29th’s Soldiers have been guarding gates

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and patrolling airports in this country and guarding detainees at the Guantanamo Bay Naval Station in Cuba since the global war against terrorism began.

“Those things are important, but they really degrade your perishable infantry skills,” he observed.

Long is a lean, soft-spoken man, who balances his obligations as a one-man construction firm in Fredericksburg with the full-time demands of being an Army Guard division commander.

He has proven himself as a Soldier and commander by going through the Army’s ranger and air assault schools, by earning the Expert Infantryman Badge and while serving as deputy commander of the Multinational Division North stabilization force in Bosnia in 2001-02.

Therefore, Long has a good idea of what today’s light infantry Soldiers should be prepared to do. He is determined to reset the division at the grass roots level.

### **Changes at Squad and Above**

He envisions “multifunctional squads or teams” with leaders who can command and control them “for a pretty good period of time.”

Each squad should include a designated marksman and spotter, who can hit targets 500 meters away and report on what the enemy is doing.

Each squad should include an engineer, who can breach obstacles with high explosives, and a couple of medics, who can keep wounded Soldiers alive while waiting to be transported to a hospital.

He wants his Soldiers to know how to patrol and convoy through cities, how to deal with civilians and imbedded members of the news media, how to fly in helicopters and how to fight at night.

“This division is supposed to own the night. The war doesn’t knock off at 5 o’clock in the afternoon,” Long said. “So we have to train during the night.

“This division counts an awful lot on moving around the battlefield using aviation assets,” he added. “The soldiers have to know how to carry their weapons and rucksacks on helicopters, how to dismount and what it’s like to fly in turbulent conditions.

“And the Soldiers have to know how to work their way up a street and how to pull someone out of a building.”

Nearly 600 of his Soldiers, in the 3rd Battalion, 116th Infantry, are now training to do those things at Fort Bragg, N.C., before they deploy to Afghanistan this summer.

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**“War is bad business. You may only need your weapon for a few seconds, but isn’t it great to know you can do it right?”**

*Maj. Gen. Daniel Long Jr.*

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Daniel Long Jr., wants all of his Soldiers to be trained in those skills in case they too are sent in harm’s way. He wants his Soldiers to have the chance to go through ranger and air assault schools and to earn the Expert Infantryman Badge so they will become better combat leaders and more motivated trainers.

“War is bad business,” Long said. “You may only need your weapon for a few seconds, but isn’t it great to know you can do it right?”

“If we’re going to send our sons and daughters and our grandchildren to do this, I want to make sure we’ve done everything we can for them to be successful,” he added. “Failure can be very expensive.”

Maj. Gen. Daniel Long Jr., is “resetting” the Virginia Army National Guard’s 29th Infantry Division to become a more effective combat force.

Virginia, home of the Army National Guard’s 29th Infantry Division, has its place of honor at the National World War II Memorial in Washington, D.C. The memorial will be dedicated on May 28-30.

Soldiers in the Virginia Army National Guard’s 29th Infantry Division were part of the “great crusade” that began on June 6, 1944. The inscription is part of the new National World War II Memorial in Washington, D.C.

*Editor’s Note: The National World War II Memorial is now open. A formal dedication ceremony takes place May 29 at 2:00 pm. A non-ticketed viewing area will be available on the National Mall between Independence and Constitution Avenues between 10th and 14th Streets for the dedication ceremony.*

# News Notes

## Bike Tour

Enjoy a bike tour May 21-23. It's open to all post personnel. Meet at the Lodge on Travis Lake Road at 8:30 a.m. Helmets are required. For more information contact Col. Heinemann at (804) 815-0808.



## Register to Vote

Election time is approaching, so register to vote now. To register, complete a Federal Post Card Application (FPCA) and mail to the state where you vote. To get the FPCA, contact your unit Voting Assistance Officer or download it from <http://www.fvap.gov>.



## Asian Pacific Heritage Month Observance

Learn about Asian Pacific history and culture during a presentation May 20 at 12:30 at the CAC gym. A variety of guest speakers will be on hand, including a specialist in the martial art of Kendo.



## May is National Electrical Safety Month

Make it a point this month to check extension chords in your home and workplace for cuts and damage that could cause a fire. Replace damaged chords and don't overload power strips.



# It's Not Retirement, It's "Transition" Time

By Debra R. Bingham  
Fort A. P. Hill Public Affairs

Make no mistake, J.D. Robinson is not ready to relax and hang up his hat yet.

"I don't like to call it retirement, I call it transition. Retirement is for old people and I'm not in a wheelchair and ready for the nursing home," said Robinson.

Robinson has worked on post in the Directorate of Public Works since 1989. An engineering technician, Robinson said he enjoyed the process of designing projects and seeing them take shape. He is especially proud of the many monuments across post that he designed, including the first one he did for the Dolly Hill Guest House.

"I told myself then that if I left tomorrow that I'd have left my mark on (Fort) A.P. Hill," Robinson said.

Robinson, a published author and businessman, intends to keep busy with a number of projects during "transition." He said he'll miss the creative aspect of his job and the trust and support he was given to develop projects.



Courtesy Photo

Mr. Charles Munson, deputy to the post commander, presents the Commander's Award for Civilian Service to J. D. Robinson. Robinson began working on post in 1989.

"I'm going to miss the people. My position let me get out of the office and do business with just about every person on base in some way," Robinson said.

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